### Best Cities for Successful Aging 12<sup>th</sup> Global Conference on Ageing

Presented by Anusuya Chatterjee Senior Economist and Associate Director, Milken Institute



#### Sparking a discussion





#### Why Best Cities for Successful Aging?



- We want to live in places that are safe, affordable, and comfortable.
- We want to be healthy and happy.
- We want to be financially secure and part of an economy that enables opportunity and entrepreneurship.
- We want living arrangements that suit our needs.



# $\overline{\mathbb{M}}$

#### Why Best Cities for Successful Aging?



- We want mobility and access to convenient transportation systems that get us where we want and need to go.
- We want to be respected for our wisdom and experience; to be physically, intellectually, and culturally enriched; and to be connected to our families, friends, and communities.



#### **Best Cities for Successful Aging**



- A comprehensive index generating a composite ranking for 359 metro areas in the U.S.
- Despite the strain on health-care and socialsafety nets, many communities are wellpositioned to help mature Americans age in place.
- Identifies what these metros are doing right.
- Creates a path other communities can follow to help their seniors remain healthy, active and engaged.



#### **Best Cities for Successful Aging**



- First-of-its-kind index based on a weighted, multidimensional methodology
- Only publicly available data was used
- Using the same data but weighting the indicators differently, two sub-indexes were created:
  - Index for ages 65 through 79
  - Index for age 80 and up





#### A Successful Aging Methodology

#### What Is Successful Aging?



- The composite ranking is based on eight subcomponents
- Each of the eight subcomponents is composed of multiple individual indicators



> 78 individual indicators in all







Rank	<b>Top 5-Large Metros</b>
1	Provo-Orem, UT
2	Madison, WI
3	Omaha-Council Bluffs, NE-IA
4	Boston-Cambridge-Quincy, MA-NH
5	New York-Northern New Jersey-Long Island, NY-NJ-PA









Rank	<b>Top 5-Small Metros</b>
1	Sioux Falls, SD
2	Iowa City, IA
3	Bismarck, ND
4	Columbia, MO
5	Rochester, MN

ter Mil

stations 36-s





#### **Measuring Impacts of our Research**







## The Boston Globe

Chicago Tribune

The Seattle Times

los Angeles Times





REUTERS





... Plus 206 more storiesand they keep coming!









#### For more information:

#### http://successfulaging.milkeninstitute.org/

