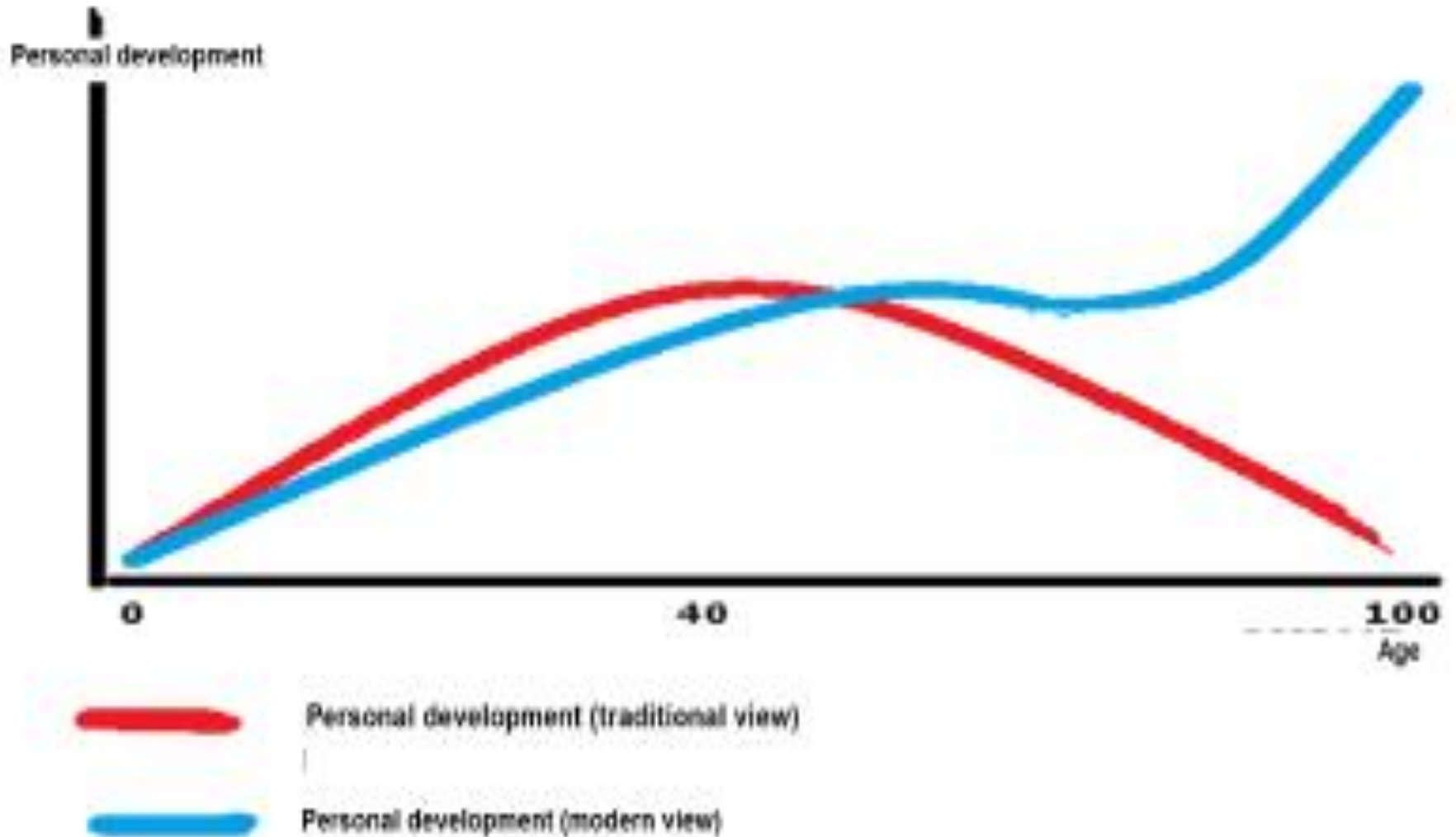
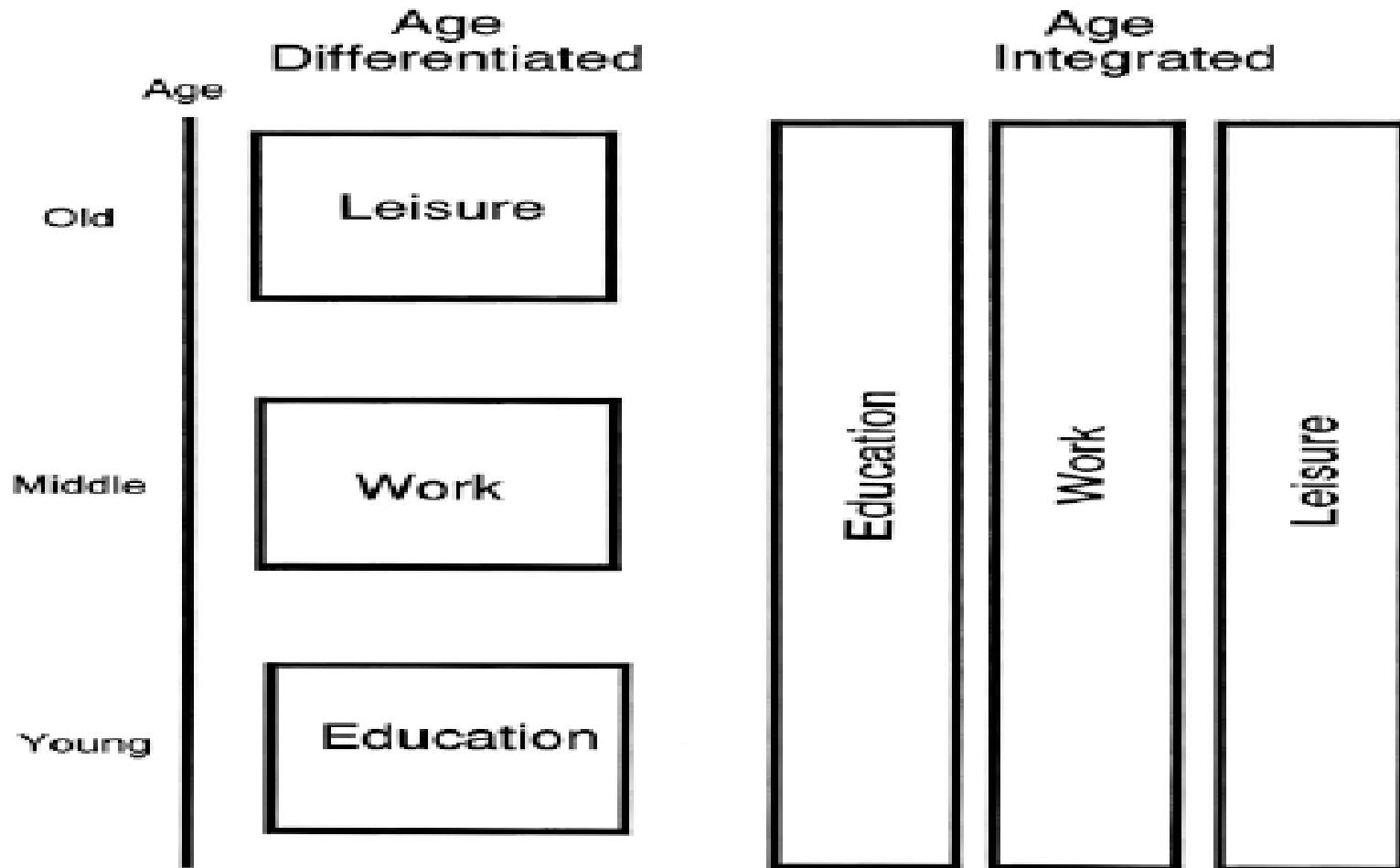


Personal Development during Life Course



From age-differentiated to age-integrated structures([1](#))



[1](#) Riley, M., A. Foner, and J. Riley. 1999. "The Aging and Society Paradigm." In V. Bengtson and K. W. Schaie, eds., Handbook of Theories of Aging, 327-343. New York: Springer

- What influences whether an older adult volunteers or not?
- What are opportunities for older adults volunteering in Russia?
- What are obstacles?

Soviet Union Administrative Divisions, 1989

The United States Government has not recognized the incorporation of Estonia, Latvia, and Lithuania into the Soviet Union. Other boundary representation is not necessarily authoritative.



RUSSIAN SOVIET FEDERATIVE SOCIALIST REPUBLIC (R.S.F.S.R.)

KAZAKH S.S.R.

KAZAKH Union republic (SSR)

- Union republic (SSR) center
- Autonomous republic (ASSR), oblast, or kray boundary
- - - Autonomous oblast (AO) or autonomous okrug (AOk) boundary

Note: The union republic administrative centers are shown. The only other administrative centers shown are for oblasts having the same name as their administrative centers.

0 400 800 Kilometers
0 400 800 Miles

- ASSRs and AOs in the Caucasus
1. Kabardino-Balkarskaya ASSR
 2. Severo-Osetinskaya ASSR
 3. Checheno-Ingushskaya ASSR
 4. Adzharskaya ASSR
 5. Nakhichevanskaya ASSR (Azerbaijan SSR)
 6. Adygeyskaya AO
 7. Karachayevo-Cherkesskaya AO
 8. Yugo-Osetinskaya AO
 9. Naoerne-Karabakhskaya AO

* Areas with no oblast-level administrative divisions, where rayons are under direct republic jurisdiction

General Facts about Russia

- **Population: 141,904,000 (73% urban)**
- **160** ethnic groups
- **Education:**
 - 90% secondary education
 - 60 % professional and higher education
- «High income» country according to the World Bank ranking

Who is an older person in Russia?

Pensionable age

- 55 Women
- 60 Men

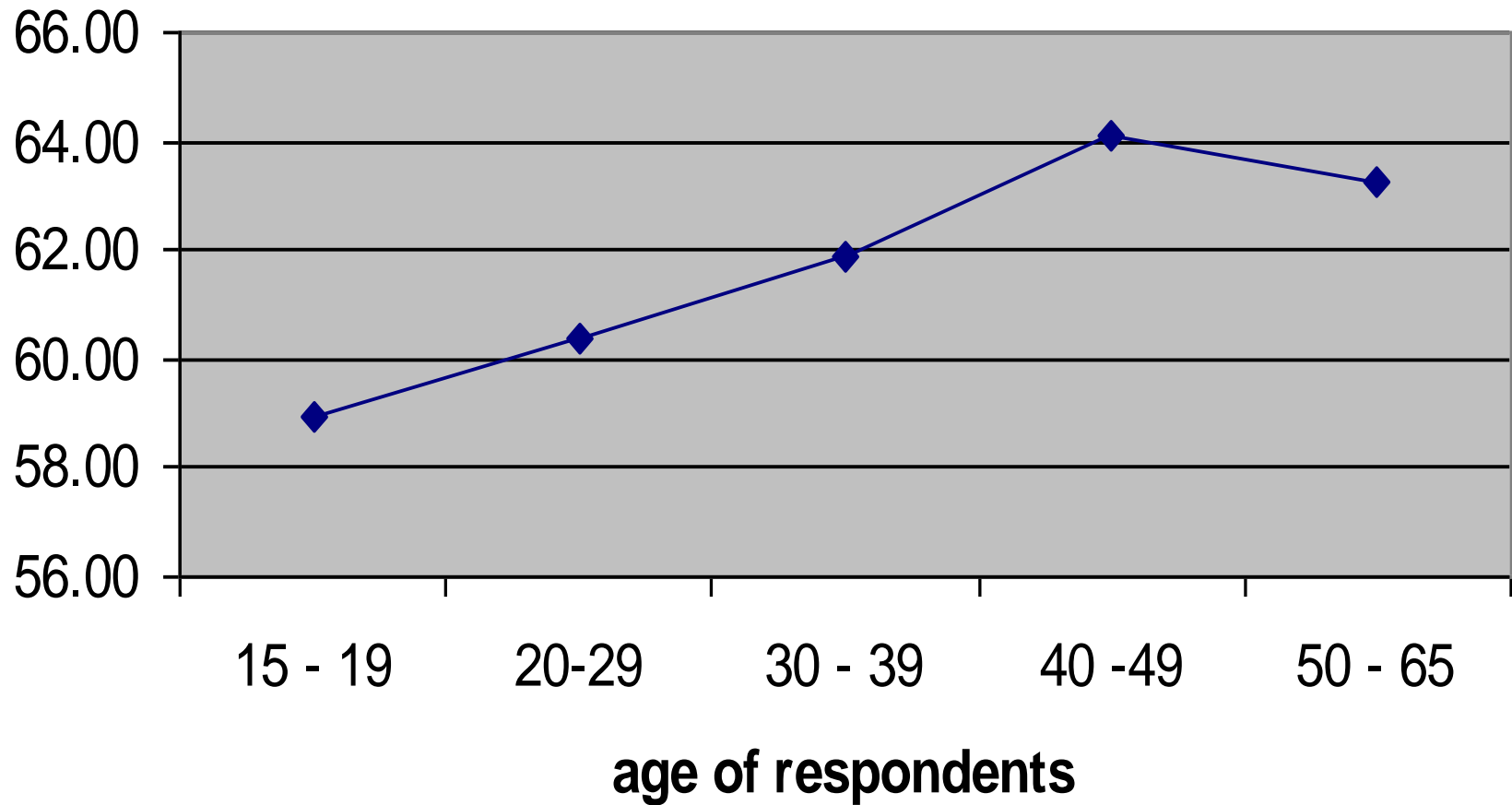
Life expectancy (2011)

- Women 76
- Men 64

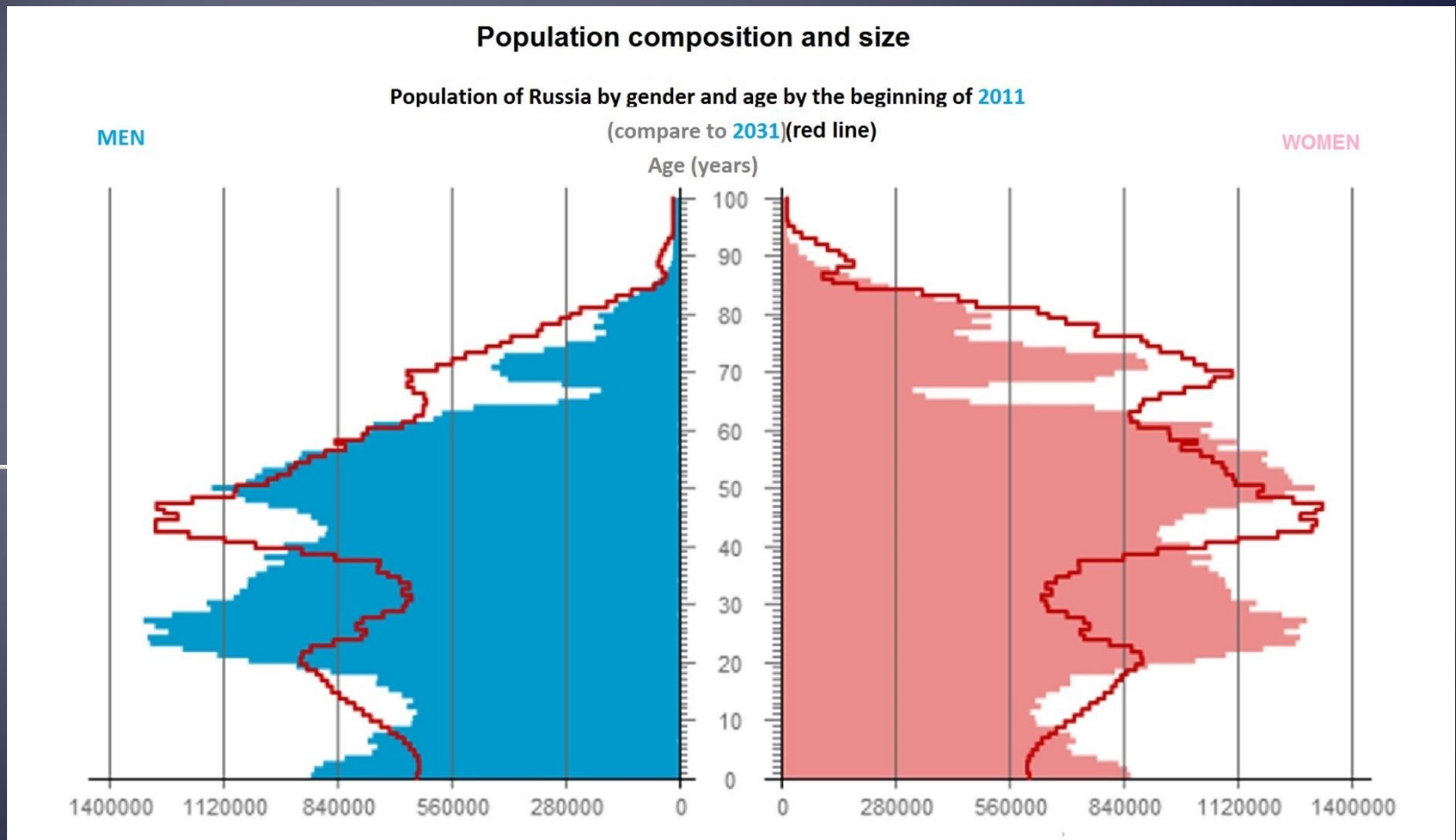
Number of older persons 30mln

Minimum pension 150 Euros

At what age does the "older age" start?



Demographic Changes in Russia: Forecast ([1])



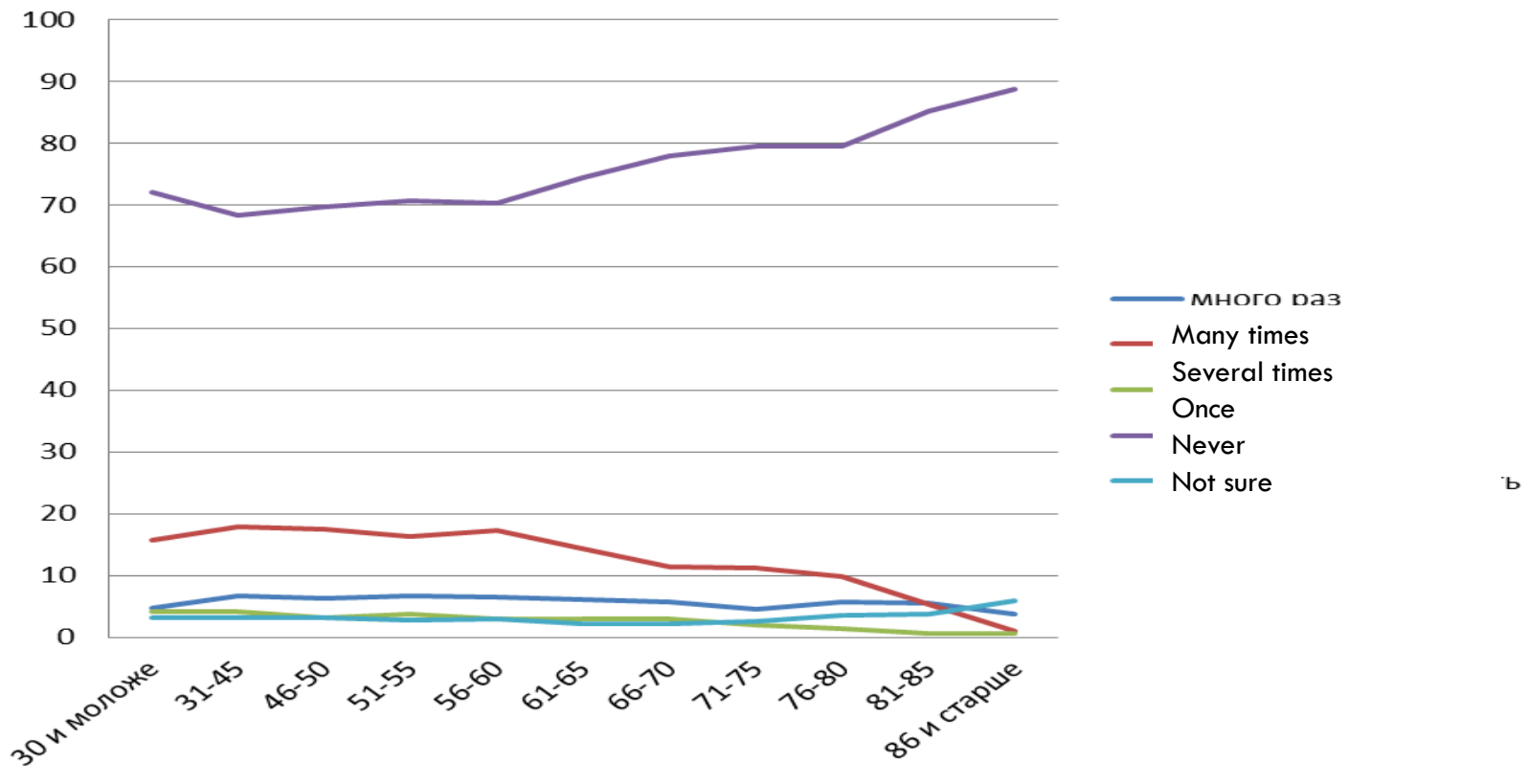
[1] Federal Statistics Service URL: <http://www.gks.ru/>

The presentation is based on the secondary analysis of the data from

- Annual Monitoring of the Centre for Research on Civil Society and Nonprofit Sector, National Research University Higher School of Economics, Moscow (33200 respondents, over 18, all regions)
- Research project “Creating conditions for self-realization of older adults at municipal levels”, sponsored by the Academic Fund of National Research University Higher School of Economics, Moscow (survey of 1100 respondents, women over 55, men over 60, 8 cities, 40 interviews)
- Analysis of the activities of nonprofit organizations working with older adults through literature review, interviews and web research

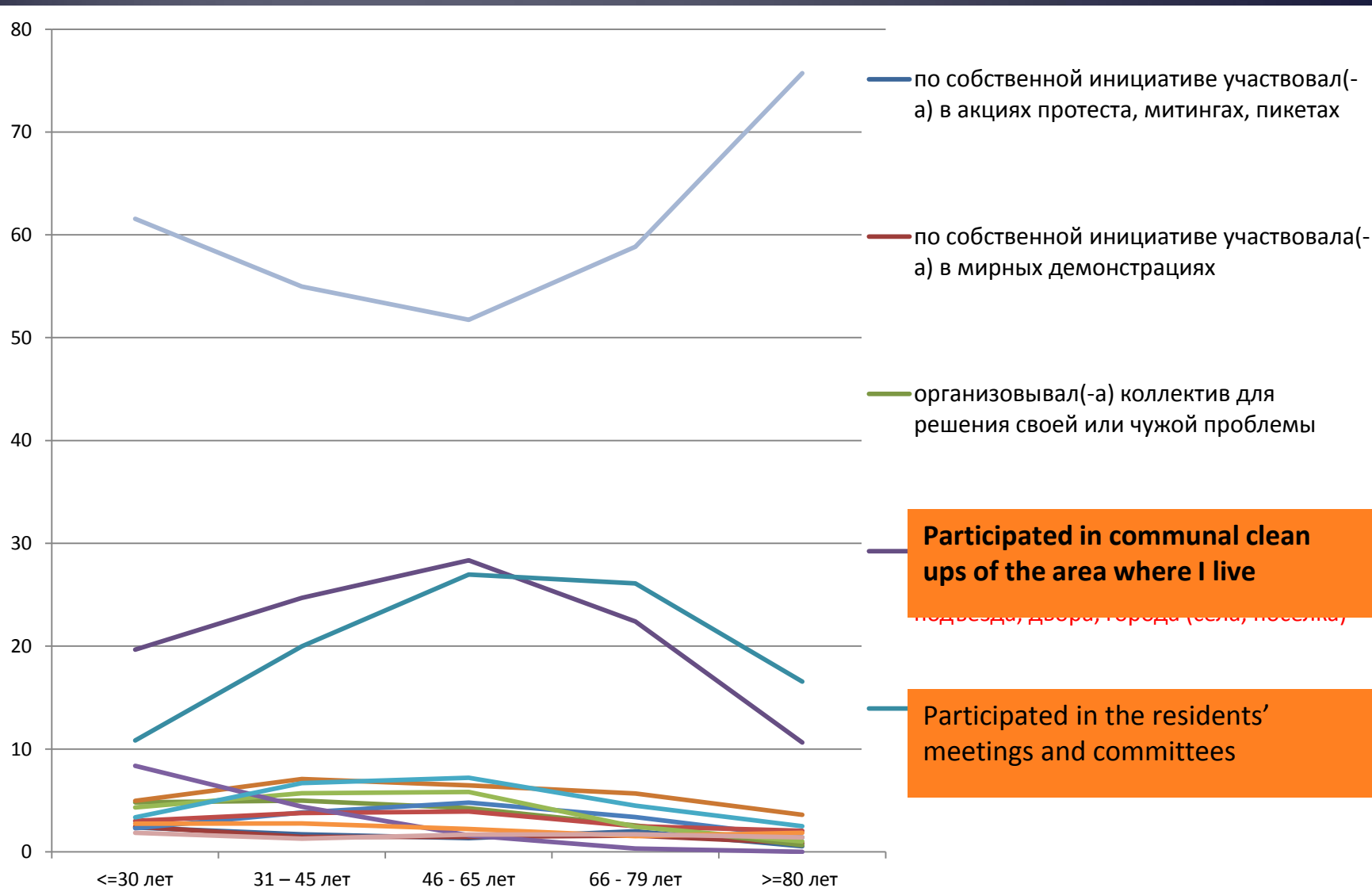
Frequency of participating in nonprofit activities

За последний год Вы занимались, помимо своей основной работы, добровольной безвозмездной деятельностью на благо других людей (не членов семьи и не близких родственников)?

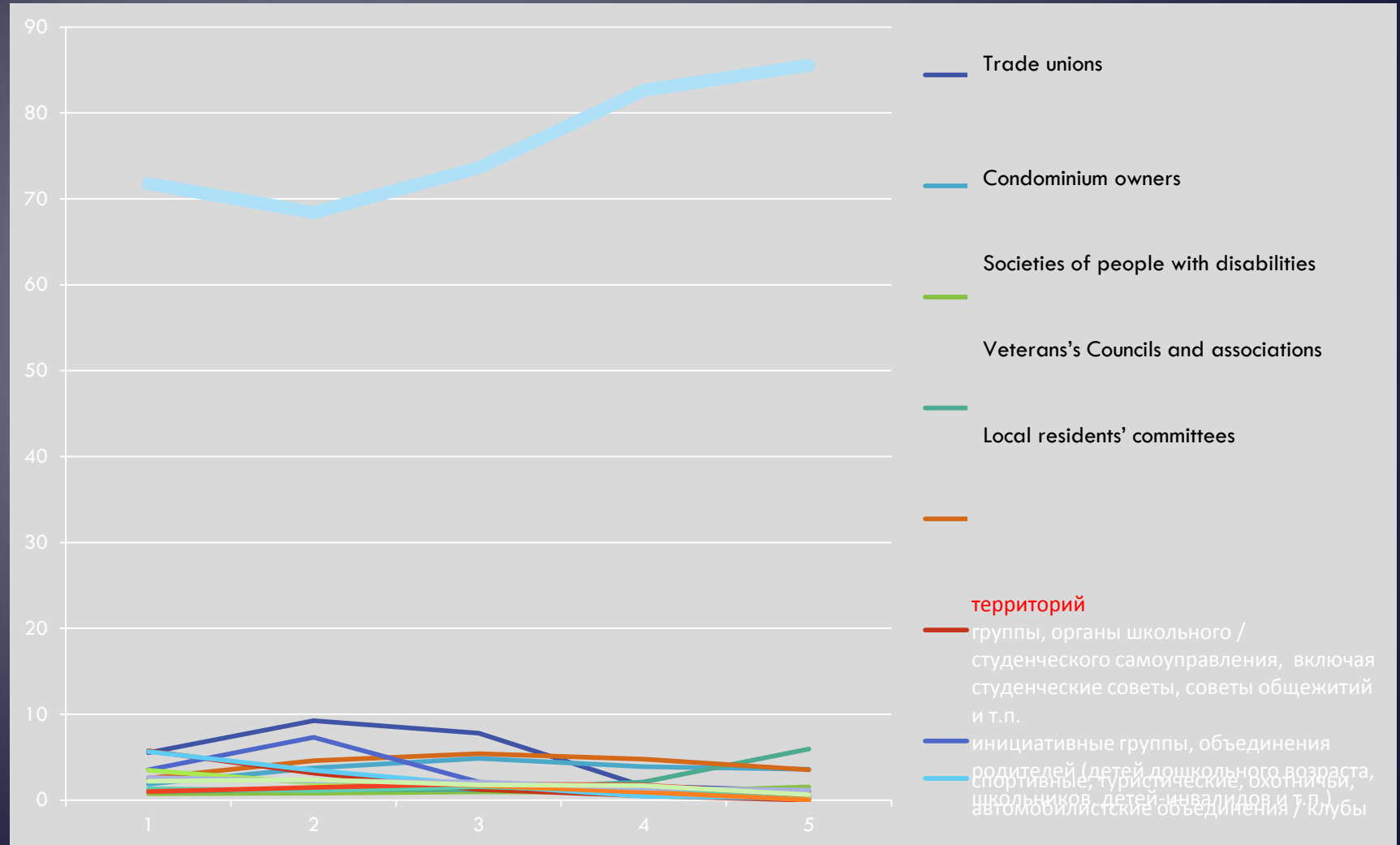


Data of the Annual Monitoring Data of the Centre for Research on Civil Society and Nonprofit Sector, National Research University Higher School of Economics, Moscow

Participation in Civic Voluntary Activities by Age

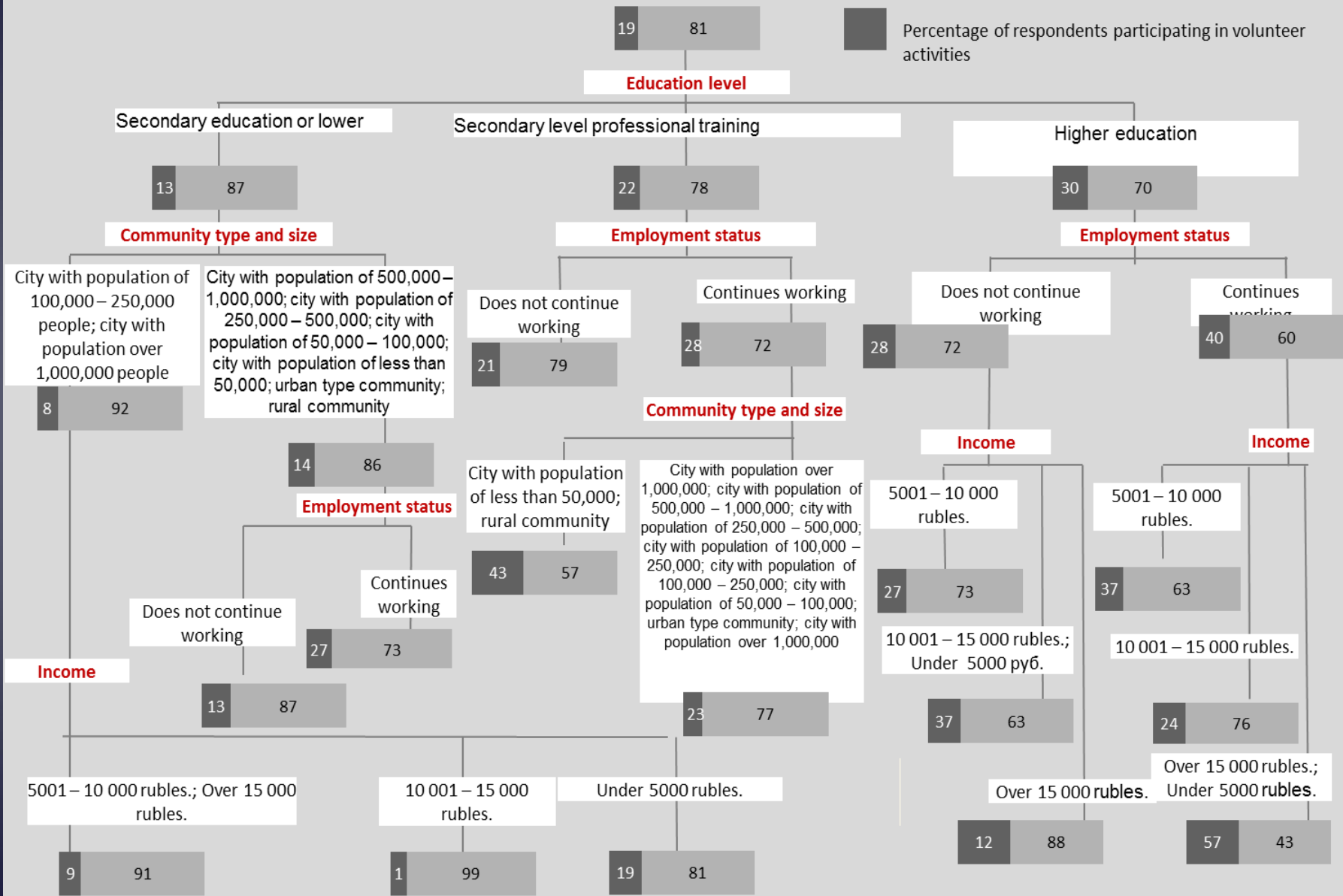


Participation in Institutionalized Voluntary Activities

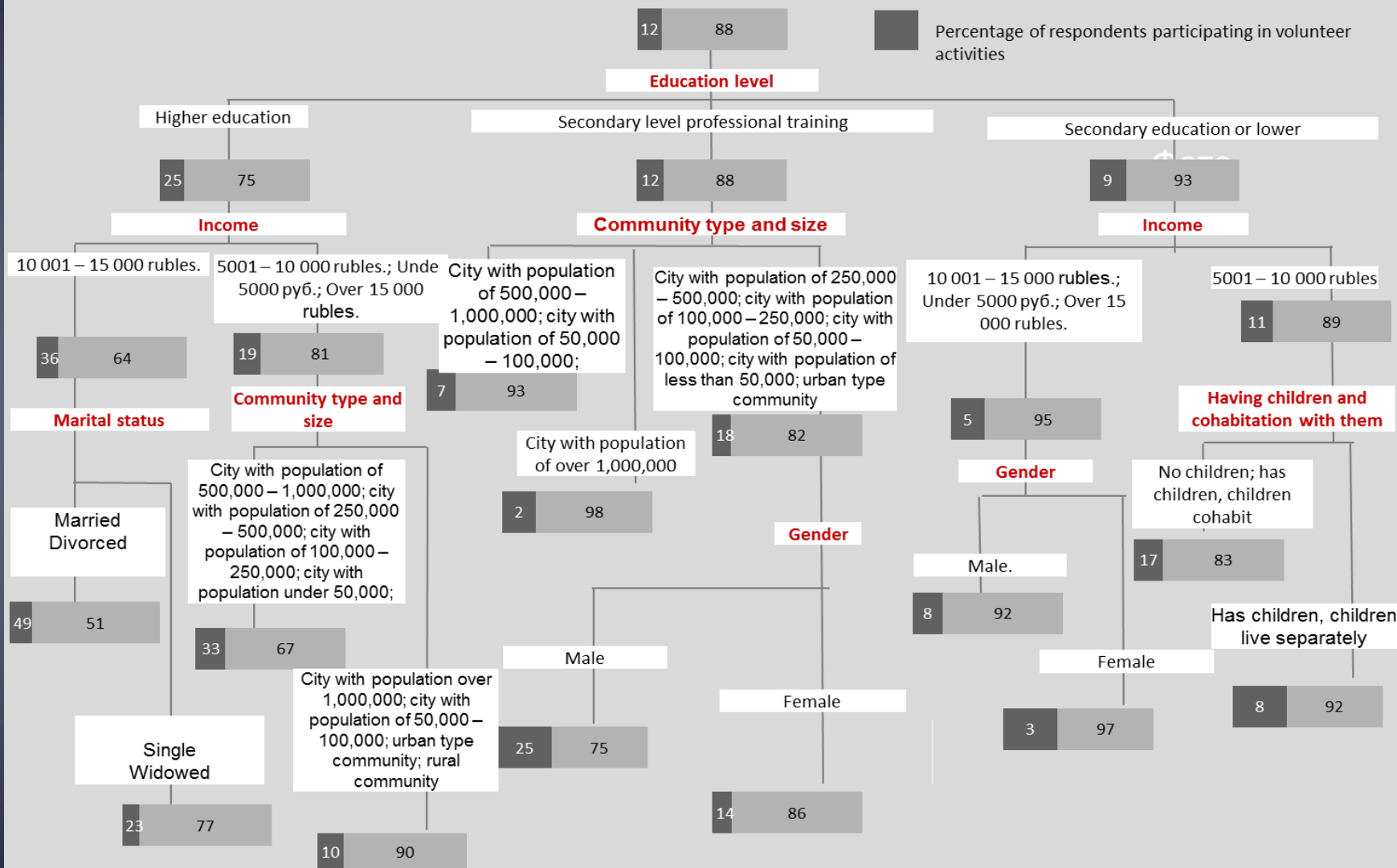


Participation in Volunteer Activities: Age Group 1 (60-74 y.o.), %

Percentage of respondents participating in volunteer activities



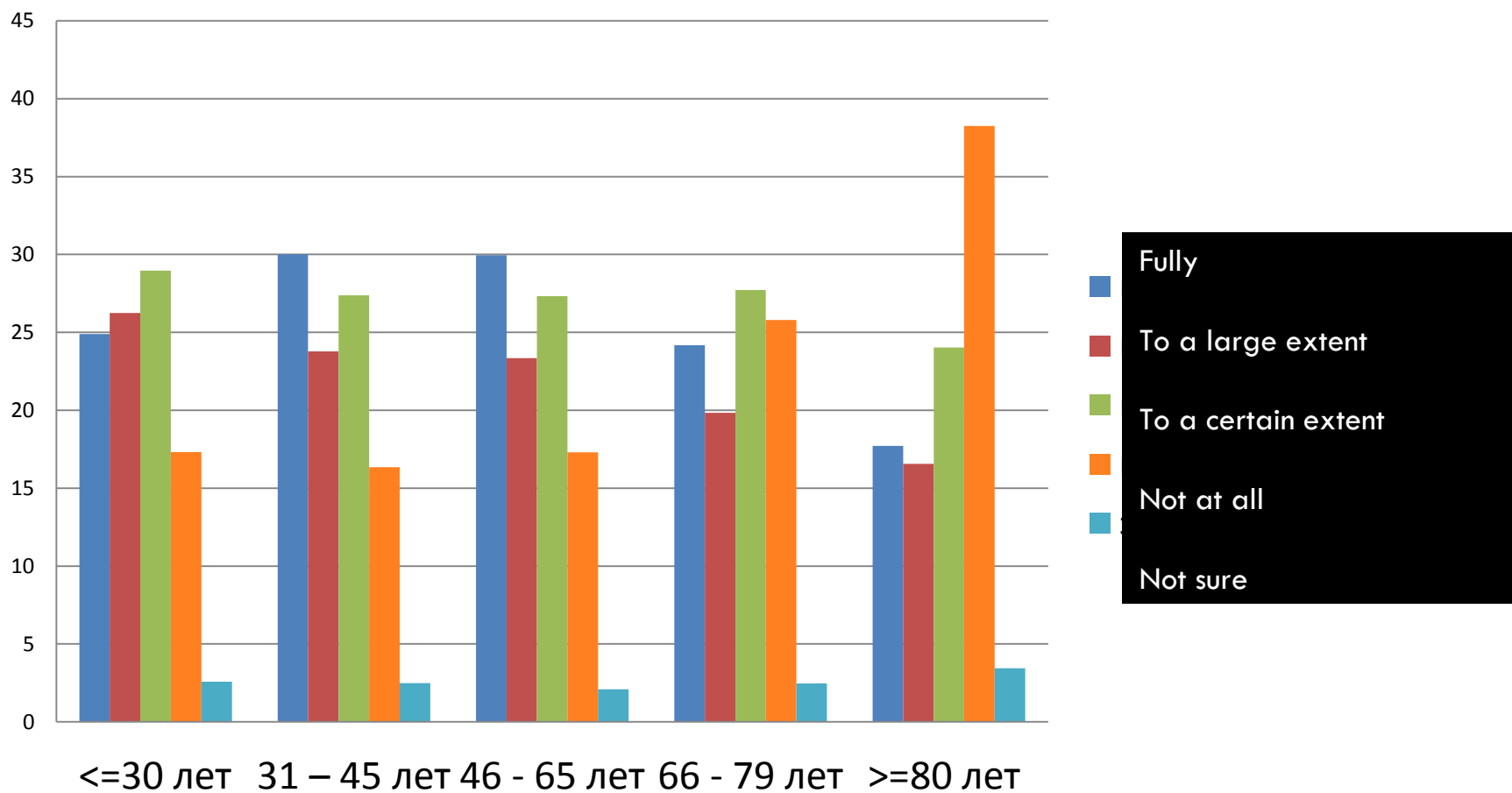
Participation in Volunteer Activities: Age Group 2 (75 and over y.o.), %



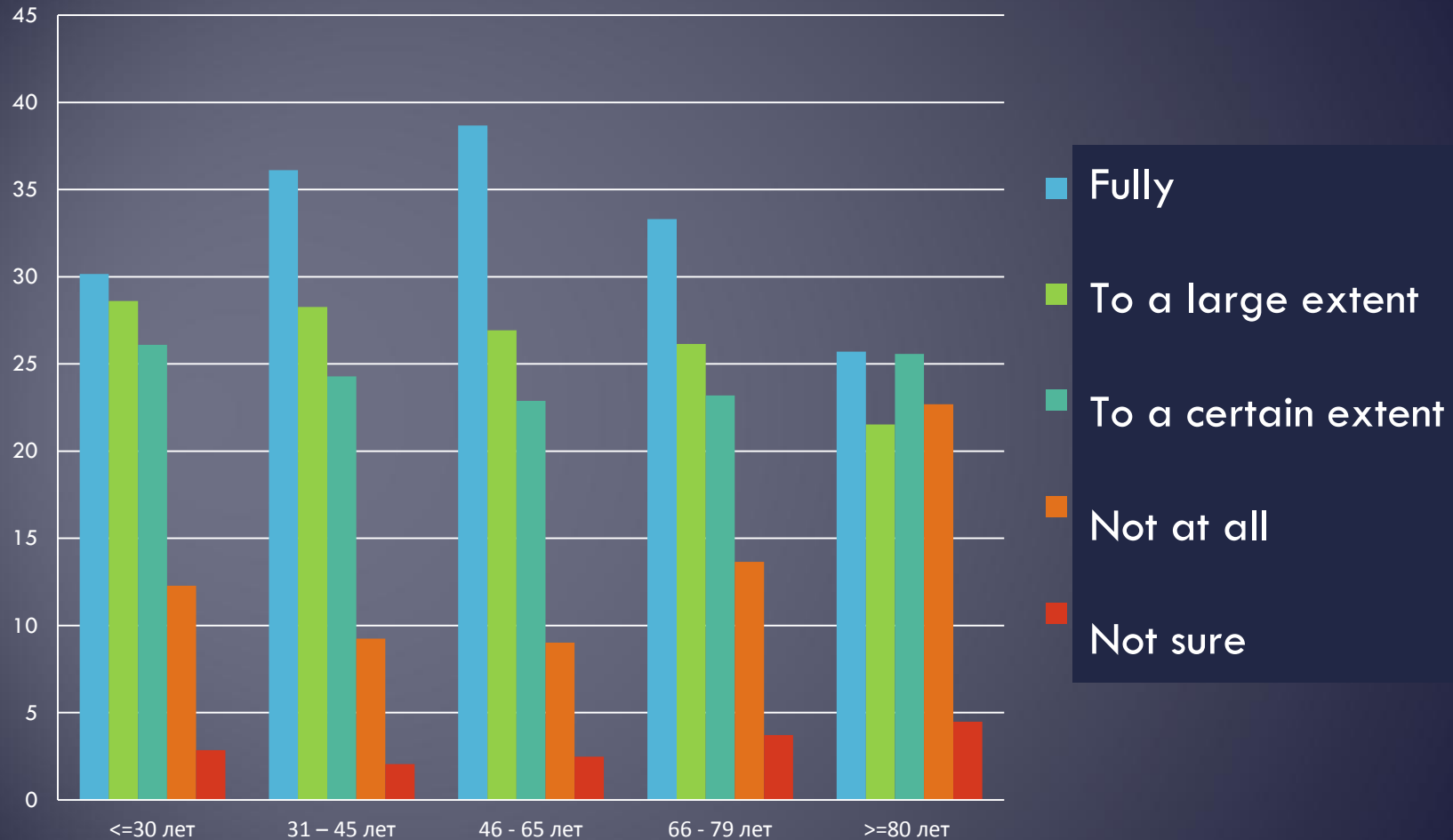
Situation with Volunteering in Russia

- Soviet traditions of “compulsory volunteering”
- Paternalistic attitudes and expectations
- Low level of trust between people
- Low level of trust to institutions and organizations (much due to the economic transitions and accompanying it law abuse and corruption)
- Common perception that one person cannot change anything

To what extent do you think you can influence what is happening in your close community (apartment building, condominium, neighborhood) where you live?

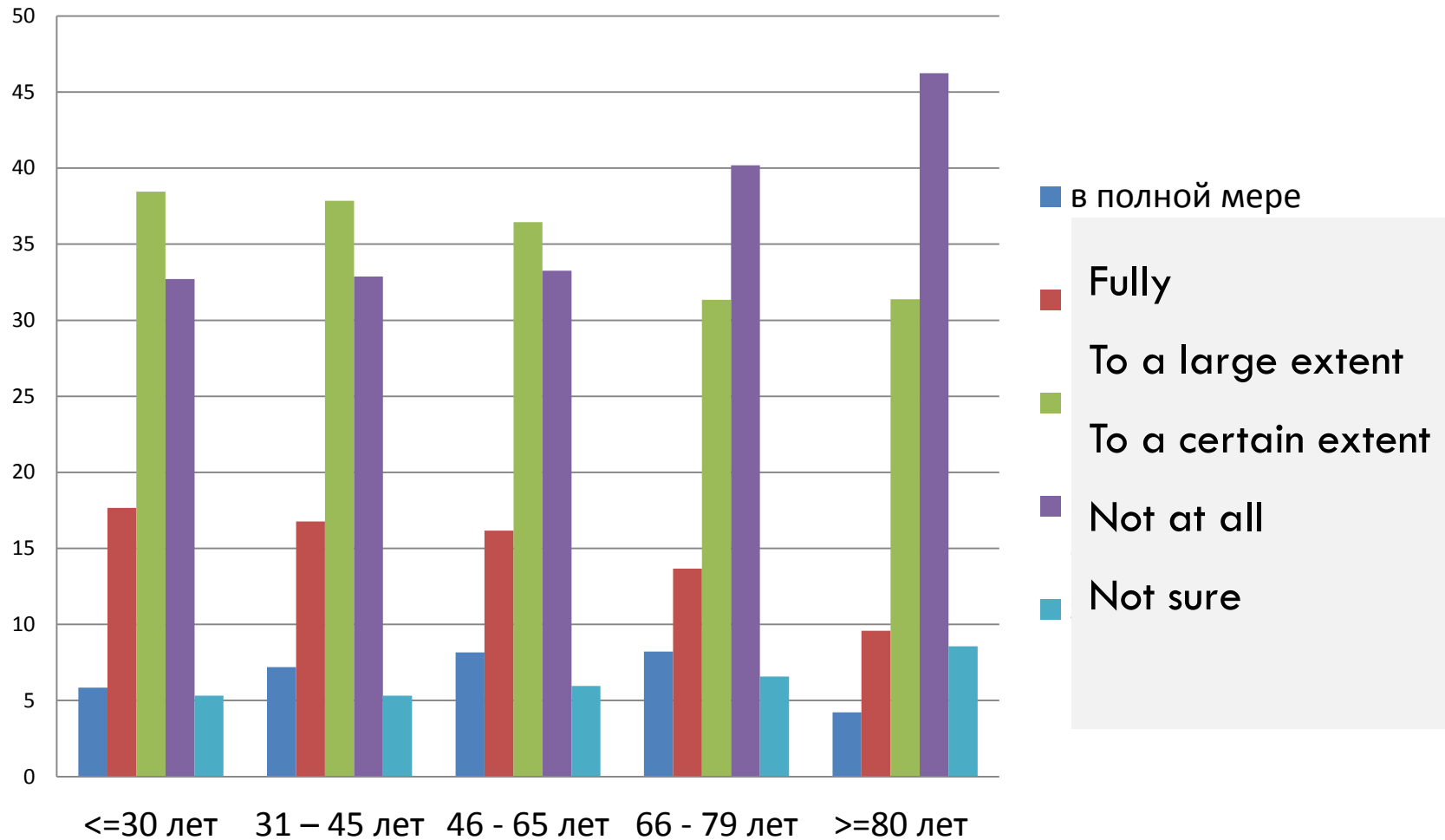


To what extent do you feel responsible for what is happening in your close community (apartment building, condominium, neighborhood) where you live?

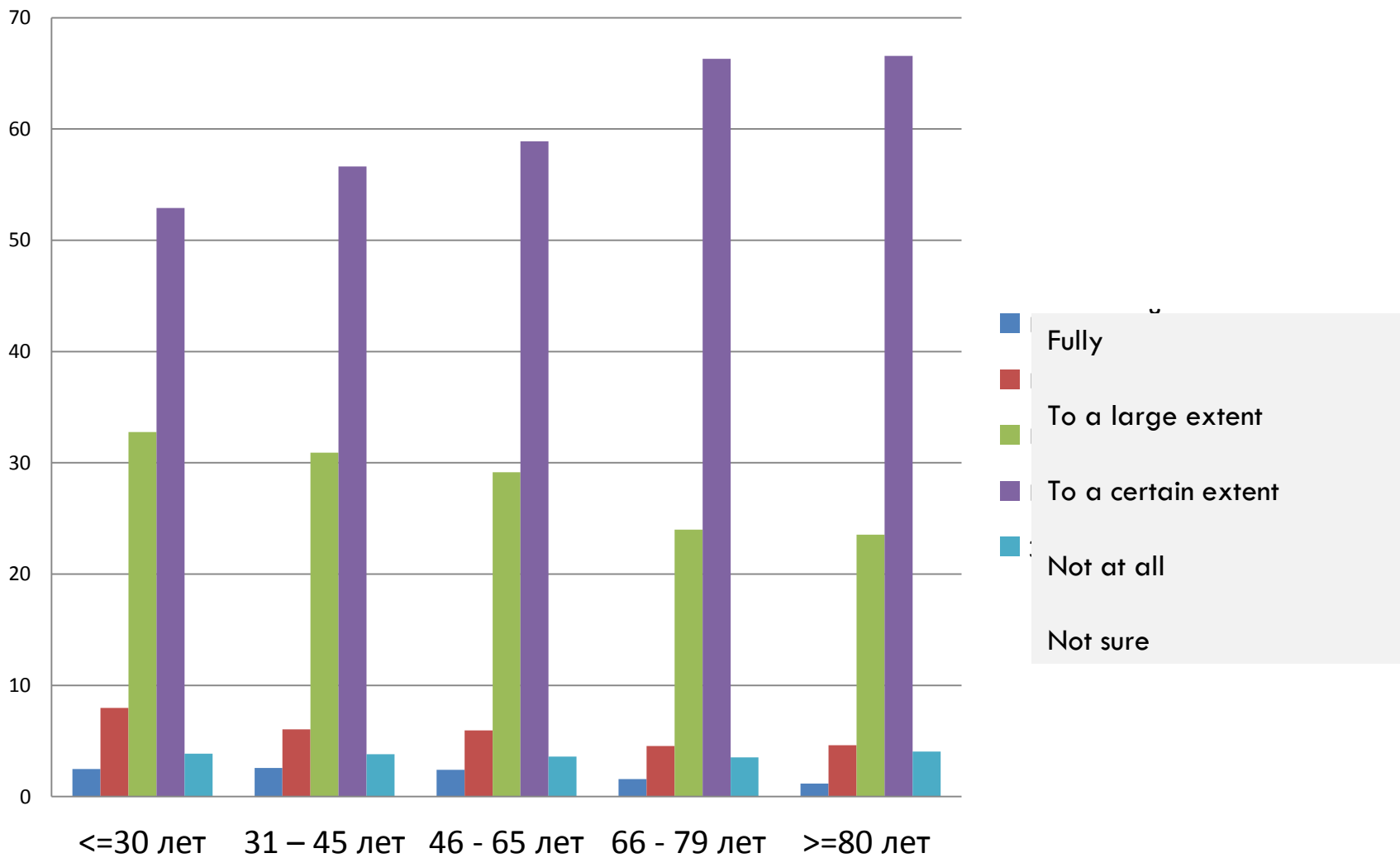


Data of the Annual Monitoring Data of the Centre for Research on Civil Society and Nonprofit Sector, National Research University Higher School of Economics, Moscow

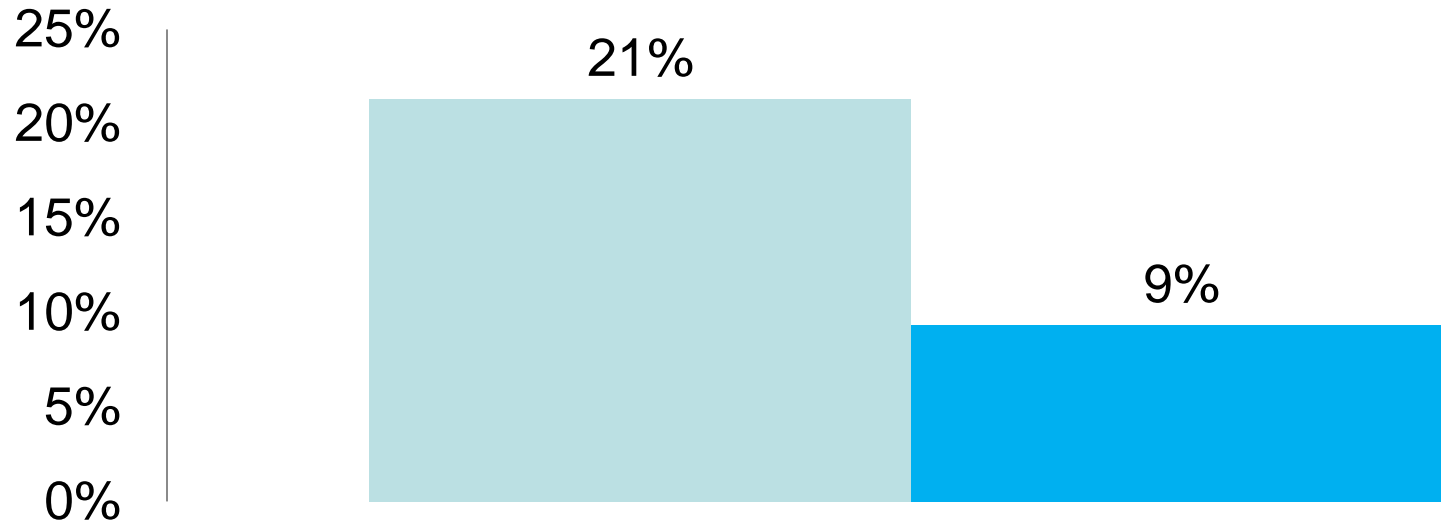
To what extent do you feel responsible for what is happening in your country?



To what extent do you think you can influence what is happening in your country?



Volunteer opportunities for older people



- A range of flexible options for older volunteers
- Training, recognition, guidance and compensation for personal costs of older volunteers are available

Interviews with employees of nongovernmental and governmental organizations

- What role can an older person play in the society?

Governmental

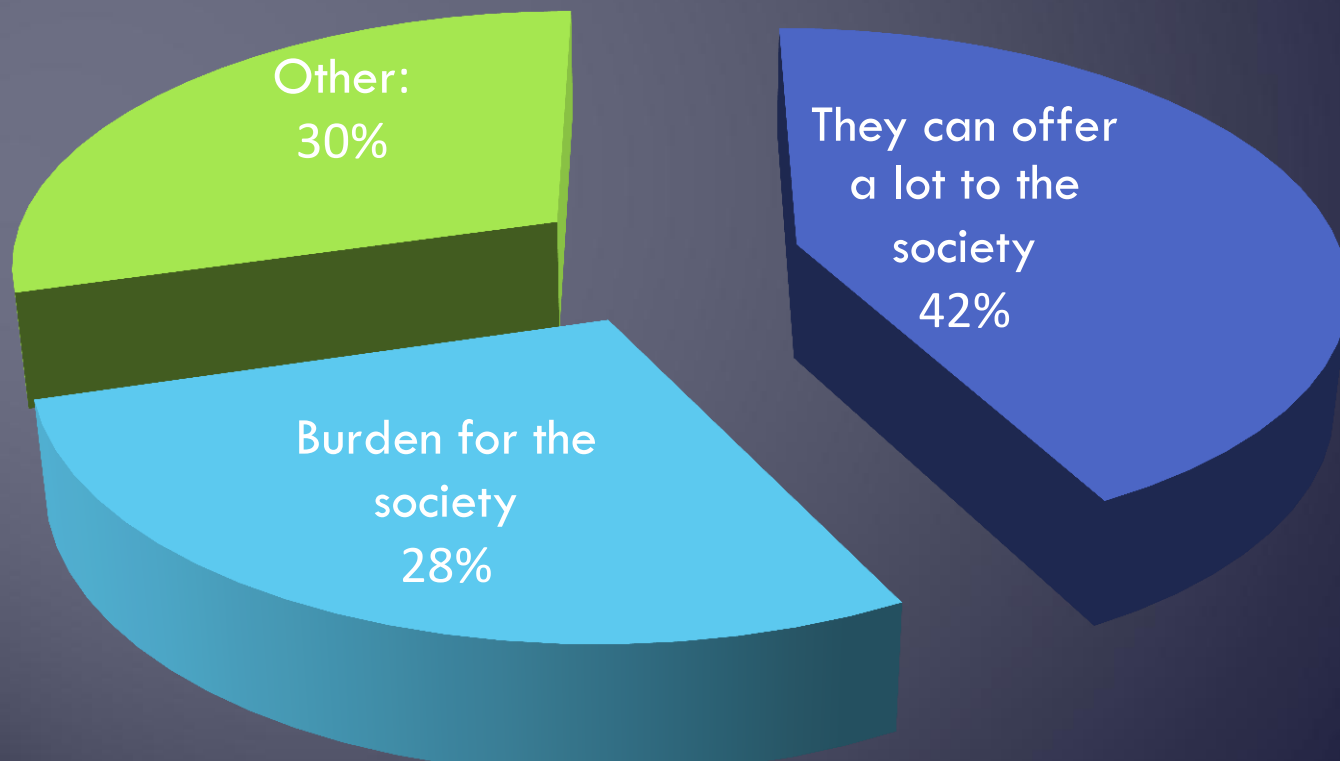
- Take care of grandchildren
- Bring up younger generations
- Contribute their wisdom and experience

Nongovernmental

- Contribute their wisdom and experience
- Contribute their free time for different volunteer activities
-
- Professional expertise

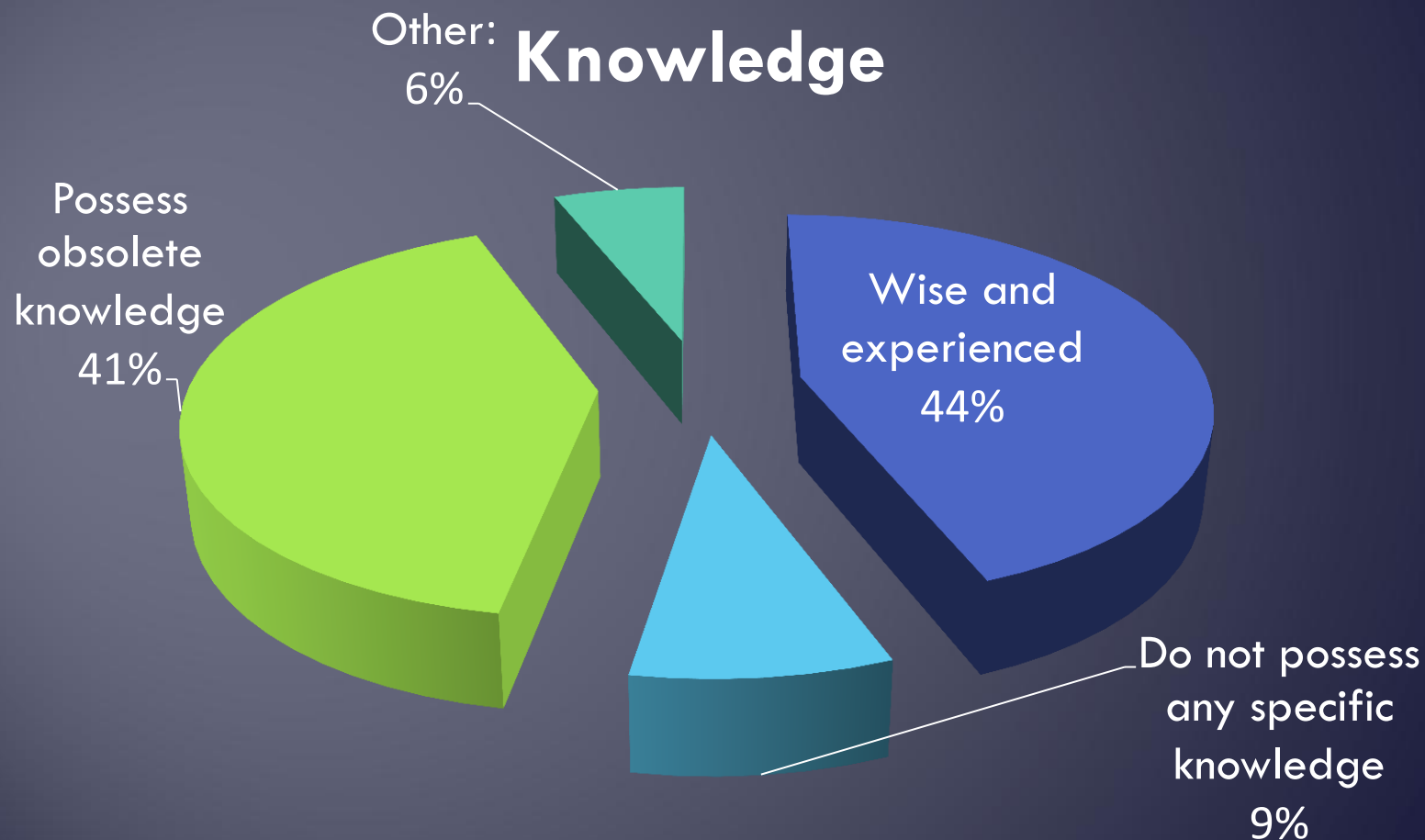
Perception of older people by different generations

Role in the society

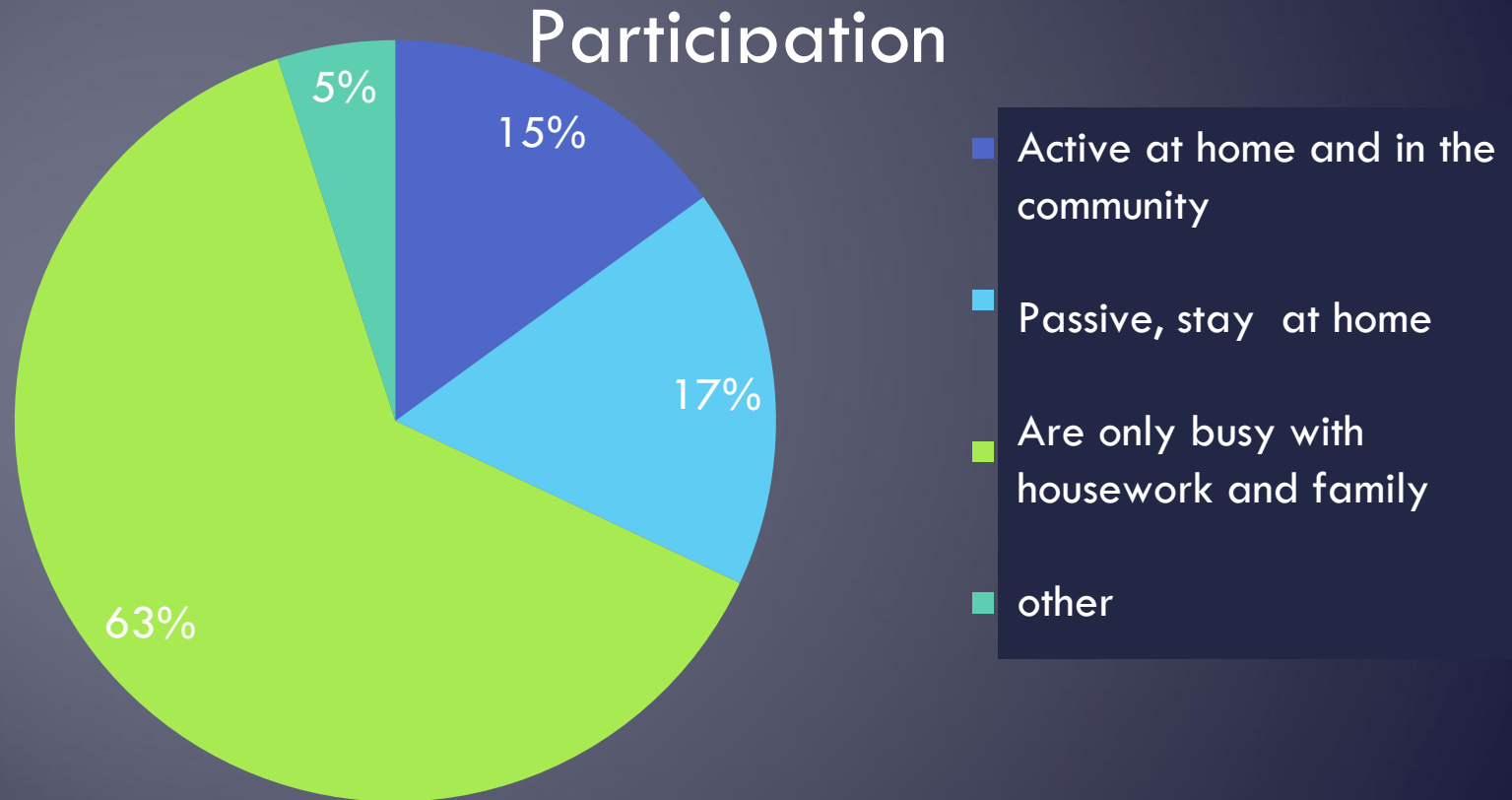


Data of the research project "Creating conditions for self-realization of older adults at municipal levels", sponsored by the Academic Fund of National Research University Higher School of Economics, Moscow

Perception of older people by different generations



Perception of older people by different generations

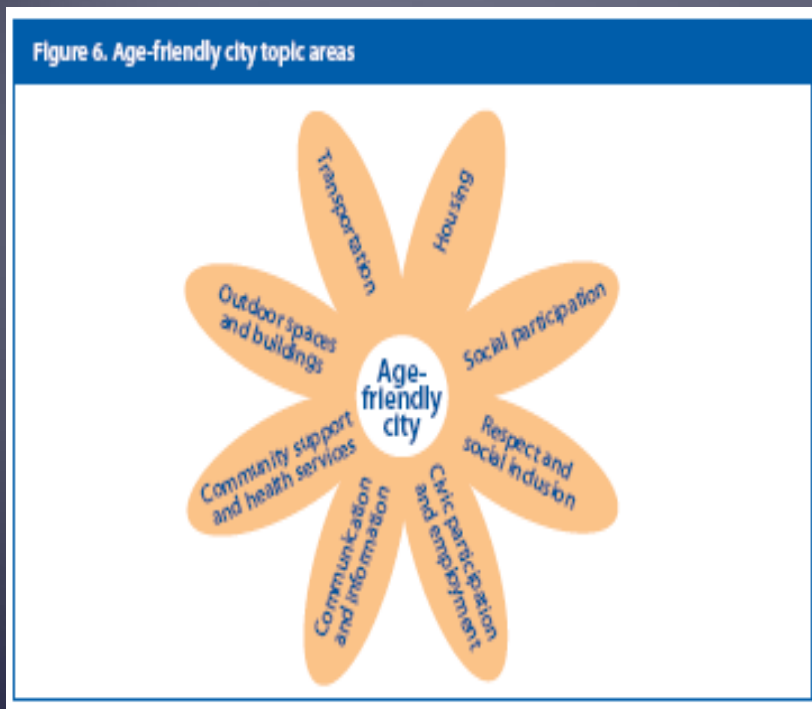


*Data of the research project "Creating conditions for self-realization of older adults at municipal levels", sponsored by the Academic Fund of National Research University Higher School of Economics, Moscow

WHO Age-friendly cities

«Город, где старость в радость, город для всех возрастов» -

КОМПЛЕКСНЫЙ ПОДХОД www.moiqoda.org/afc



- «Здания и улицы»;
- «Транспорт»;
- «Жилье»,
- «Уважение и включенность»;
- «Участие в жизни общества»;
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- «Информация и коммуникации»;
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Pass It On Network

- International Network of Knowledge Sharing (Jan Hively and Moira Allan)
- www.passitonnetwork.org

Sponsor of the research and presentation:

Academic Foundation of National Research University Higher
School of Economics

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Thank you!