

# Promoting Quality Standards in Elder Care

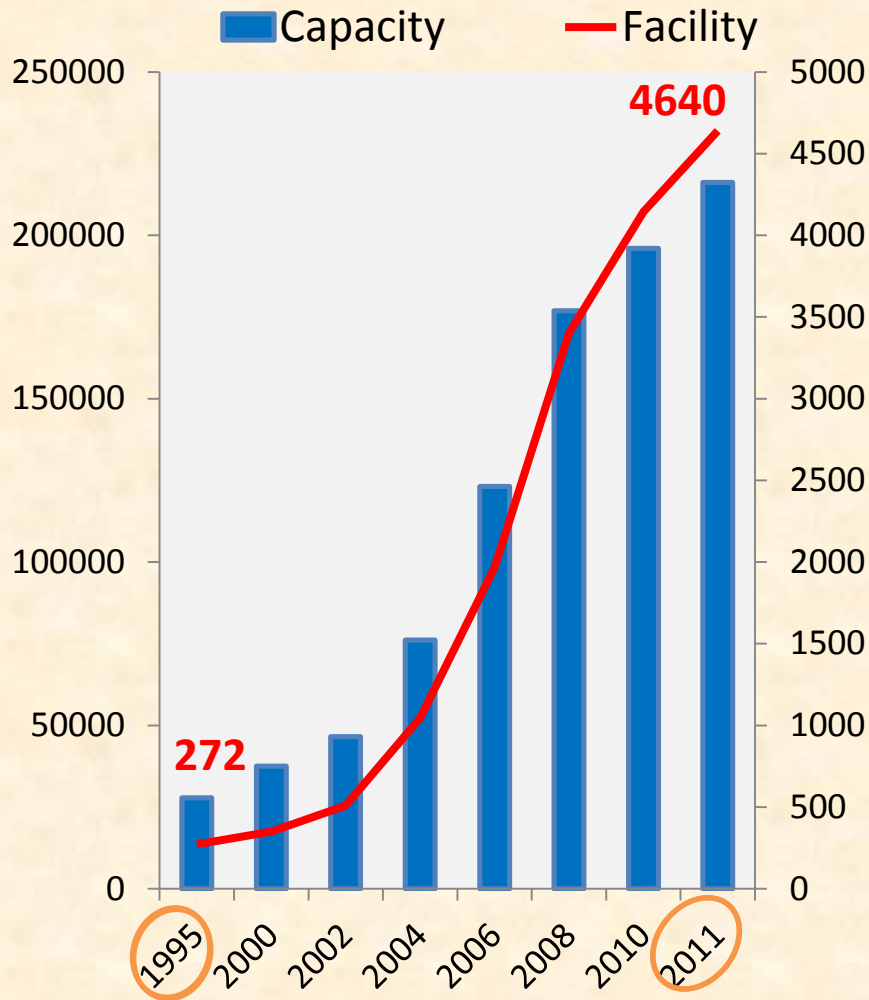
A photograph showing a caregiver in a white shirt and dark pants leaning over a blue wheelchair. The caregiver is smiling and has her hand on the shoulder of an elderly woman sitting in the wheelchair. The woman is wearing glasses, a white long-sleeved shirt, and a green patterned vest. They are in a well-lit room with a light-colored wall and a wooden handrail.

**Mariko Watanabe**

FOIFA

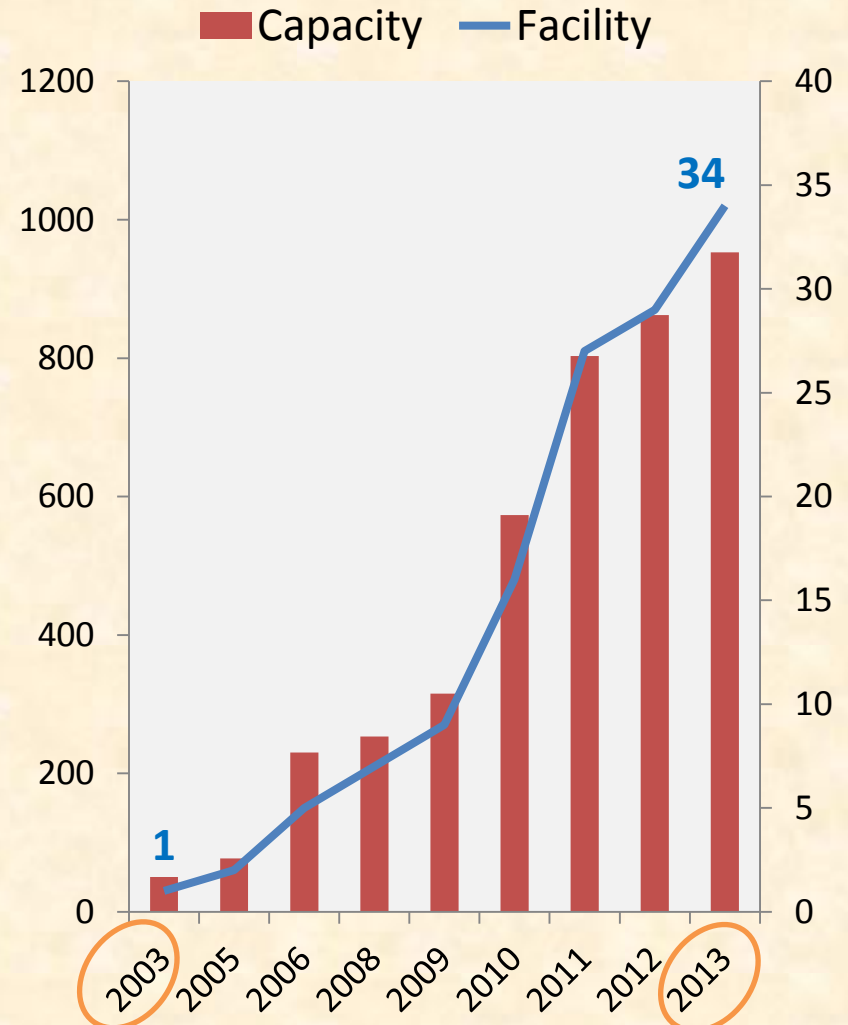
# Changes in the Number of Pay Facility

## Japan



Source: Ministry of Health, Labor and Welfare

## Akita City



Data source: Health and Welfare Dept., Akita City Office

# Presentation Outline

## 1. Introduction

a) **WITH YOU GROUP**

b) **Quality of Life (QOL)**

## 2. Approaches to Improving Care

a) **Art in Health Care**

① **Art as Therapy**

② **Art as a Vehicle of Social Interaction**

b) **Meaningful Activities**

① **KUMON Learning**

② **Reminiscence Therapy**

③ **Music**

## 3. Conclusion

# Art in Health Care

Art as Therapy

HONOKA

+

Art as a Vehicle of  
Social Interaction

SOPHIE



GREEN



# The Healing Environment

## SOPHIE



## GREEN



## HONOKA



# Art as a vehicle of Social Interaction

**GREEN**



**SOPHIE**



← **HONOKA** →

# Art as Therapy - GREEN

## Art Talks

**Building bridges across age and cognitive barriers through art**



# Meaningful Activities



- Kumon, Reminiscence, Music -





# Kumon Learning – Psychological development



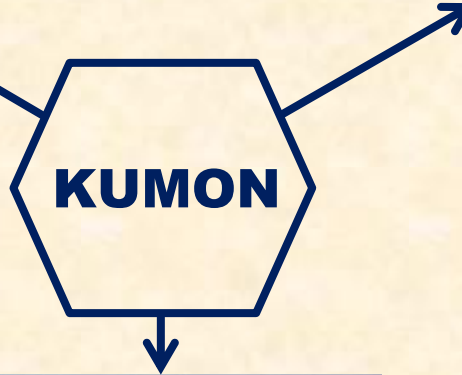
**arithmetic, reading, writing**



**Participation**



**Communication**



**KUMON**



**Self fulfillment**

**KUMON Learning Program**  
**in Japan    March 2014**

**Facility 1,576+**

**People 12,387+**

# Reminiscence Therapy – Life Review



Collective story →  
-----  
Personal story →

Starting point of conversation



# Power of Music – Singing & Listening



## Singing Japanese nursery songs



# Conclusion

- 1. Art helps to improve the QOL of the residents and the regional community.**
- 2. Activities that erase barriers in caregiving need to be included.**

# Thank You



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