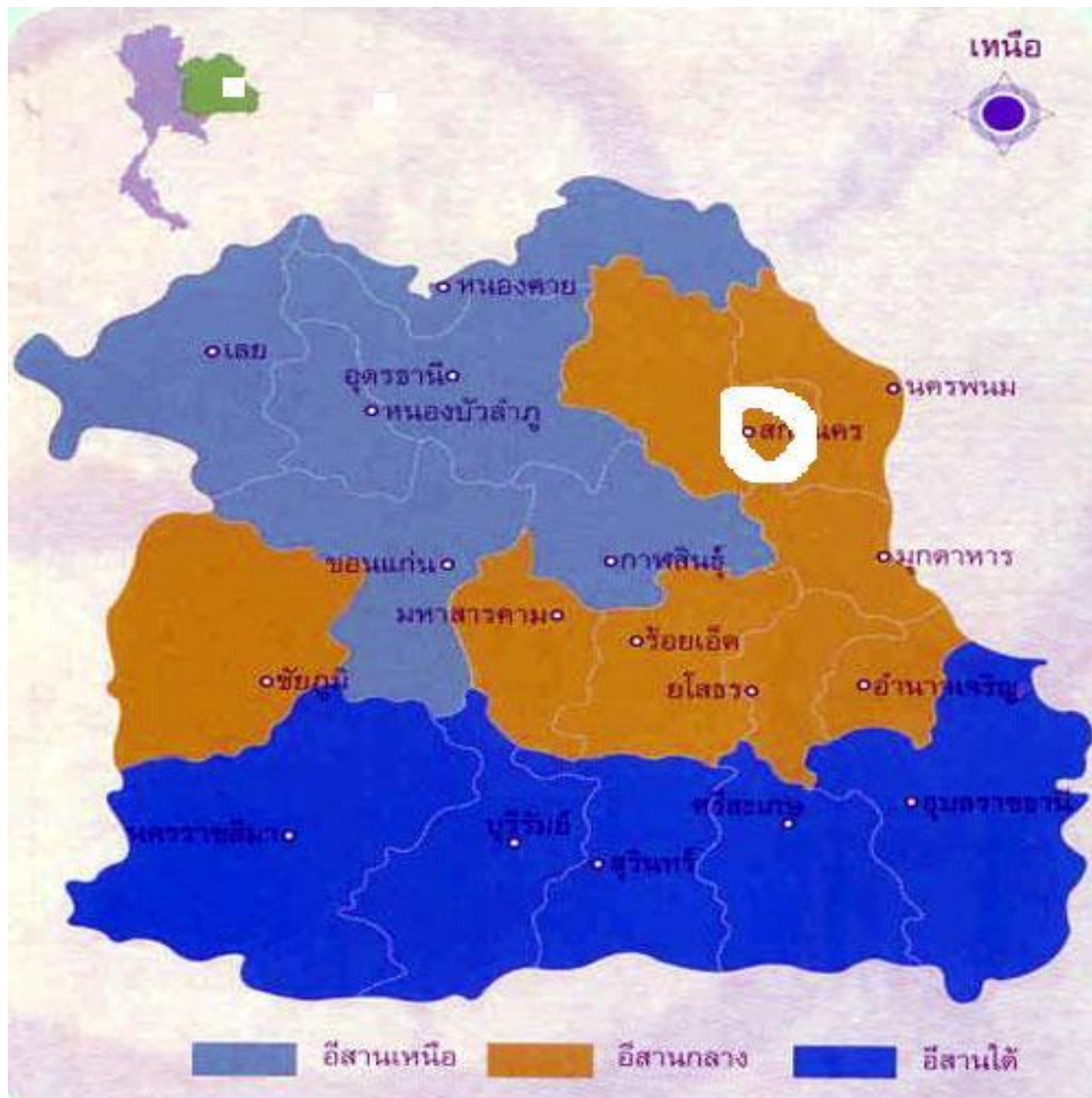


# Contribution of Senior Citizens to Management of Multi-Purpose Center for Senior Citizens in the Community :Case Study in Sakolnakorn Province Thailand

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# Backgrounds

- Population growth (senior citizen 11%)
- Aging Society
- Needs of communities

# What is the Multi-Purpose Center for Senior Citizens in Thailand

- The Multi-Purpose Center for Senior Citizens is Organization which built by the OPPO, Local administration and Community

# What is the Multi-Purpose Center for Senior Citizens in Thailand

- The center is focused on the interests and resources of communities as an instrument to encourage joint consciousness of people in communities in performing duties for their own communities' benefit under the term 'for community and by community'.(Yodphetch:2007,oppo:2008)

# Establishment for the center

- Thai Government (The Office of Welfare Promotion, Protection and Empowerment of Vulnerable Groups (OPP), Ministry of Social Development and Human Security) set up it as a pilot project to support pursuant to the Act on Older Persons 2003

# Objectives of Establishment

1. To make the services accessible to the residence areas of older persons;
2. To encourage recognition of older persons' contribution to the society either as an individual or a group;

# Objectives of Establishment

3. To encourage usage of older persons' skills in community activities;
4. To provide chance to older persons to play the role as a volunteer or employee or participant in activities as the protector of their own right, of their groups or as a service user



# Activities in the center

- **Activities/programs prescribed in the Act on Older Persons 2003**
- **Traditional activities**
- **Activities arranged in collaboration with agencies involved**
- **Activities responsive to the needs of older persons(oppo:2008)**



Cultural dance for Welcome Ceremony



Cultural dance for Welcome Ceremony



Daily Exercise

# Research Objective

- To study the attitude of the senior citizens toward the benefits of multi-purpose centers and the direction of contributions in managing the centers by senior citizen.

# Research Methods

- Period of Research : July-September 2009
- Place of the Research : Sakolnakorn Multi-Purpose Center for Senior Citizens
- Sampling : 265 members of the research
- Instrument : Research Questionair
- Purpose of Survey : towards the benefit of the center and the direction of contributions in the center

# Findings

The attitude of the senior citizens to the benefits of the multi-purpose centers for senior citizens in the community



The researcher has set the criteria for the attitude of the senior citizens toward 4 aspects of the benefits of the multi-purpose centers for senior citizens in the community inclusive of

- (1)to be utilized as meeting points,
- (2)source of information and activities,
- (3)opportunity for the senior citizens to contribute in the management and participation in the center's activities and
- (4)lastly to be the center source of wisdoms.

The result of the study showed the highest level of attitude of the senior citizens towards the benefits of the centers and can be concluded as follows:

# The multi-purpose as the meeting point

- The attitude towards the benefit of the center as the meeting point has the highest level of response by having the center in the community, the senior citizens then have the place to meet and converse with friends in the same age group. The lowest level of attitude was for the aspect of utilizing the centers as the meeting point for the senior citizen to promote the life long education for the senior citizens.



Club meeting



Activities organize by the senior



Activities organize by the senior

## The multi-purpose centers as the source of information and activities

- In this aspect, the senior citizen responded with the highest view that the centers as the center for exercise suitable to the physical conditions of the senior citizen. And the lowest view for this aspect is that the centers can only be beneficial for the people who come to the centers and utilize the facilities.



Committee meeting



The multi-purpose centers as the opportunity for the senior citizens to contribute in the management and participation in the center's activities

- The view of the senior citizens for the multi-purpose as the opportunity for the senior citizens to participate in activities of the centers has the highest level. While the lowest level view was that the participation in the management and activities of the multi-purpose centers would result in waste of time and loss of income.



Dhamma Activities



The Center Manager(male) in the Ceremony

The multi-purpose centers as the center sources of  
wisdoms

- The highest view of senior citizens for the benefits of multi-purpose centers in this aspect is to promote the development of potentials of senior citizens. The lowest view of the senior citizens for the benefits of multi-purpose centers in this aspect is that the operation of the center does not require the cooperation from other organizations.



Cooperation with all agencies

- The direction for the participation of the senior citizens in the multi-purpose centers for the senior citizens in the community

# To be the executive committee

- The direction for the participation of the senior citizens as the executive committee members at the highest level is the donation of money or items to the multi-purpose centers while the direction for the participation of the senior citizens as the executive committee members which has the lowest level is the participation in financial bookkeeping of income-expenses of the centers.

## To participate in operation of the centers

- The direction for the participation of the senior citizens in operating of the centers at the highest level is to be the leaders of the recreation activities such as singing, dancing, music and games. While the direction for the participation of the senior citizens in the operation of the centers which has the lowest level is to be the speakers on any specific topics which the senior citizens has expert knowledge such as computers, English, etc.



## Participating in the activities of the centers

- The direction for the participation of the senior citizens in the activities of the centers which has the highest level is to participate in group relaxing discussion and exchange of views and experiences. While the direction for the participation of the senior citizens in the activities of the centers what has the lowest level is the cooking of recipe suitable for the senior citizens.

# Conclusion

- The Sakolnakorn Municipal base on an integrete service concept which intends to resolve welfare for older persons as multipurpose senior center . The multipurpose senior center is the place to develop, service for older person members and place to people to prepare themselves before they enter old.

- KHOB KHUN and  
SAWADEE KRAB

