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Evidence

The Global Study of Sexual Attitudes and Behaviors

- International survey of sex and relationships (40–80 year olds)
- Prevalence and correlates of sexual problems
- Sample of 13,882 women and 13,618 men from 29 countries.
- Age was an important correlate of
 - lubrication difficulties among women
 - lack of interest in sex in women
 - the inability to reach orgasm in women
 - erectile difficulties among men
- Conclusions
 - sexual difficulties are relatively common
 - tend to be more associated with physical health and aging among men than women.

Sexual problems among women and men aged 40-80 years: prevalence and correlates. identified in the global study of sexual attitudes and behaviors. Laumann, E. O., Nicolosi, A., Glasser, D. B., et al. (2005). International Journal of Impotence Research, 17, 39-57.



Evidence

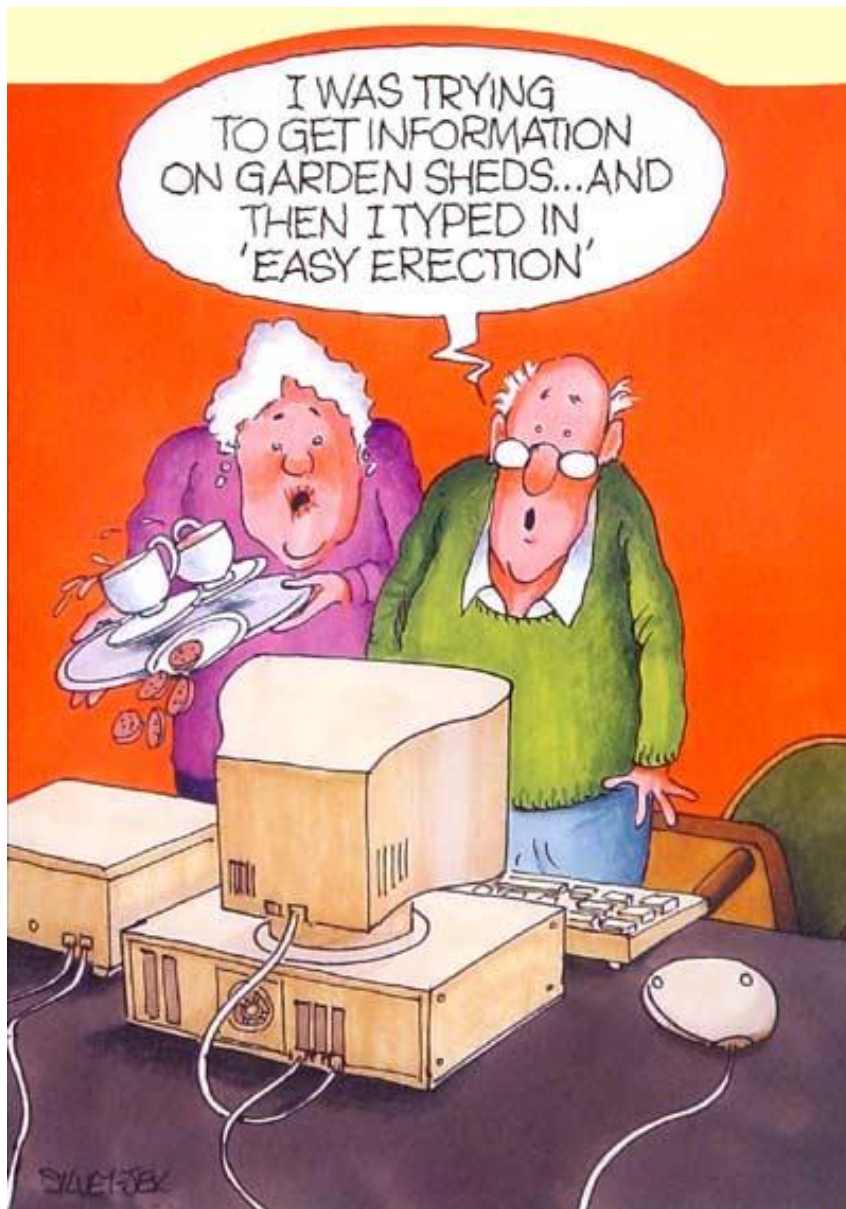
- Relationship between sexual satisfaction and sexual activity, and socio-psychological factors
- 1,216 elderly (mean age 77.3 years)
- Sexually active (main predictors)
 - Being married
 - Having more education
 - Being younger
 - Being male
 - Having good social networks
- Sexual satisfaction predictors
 - Being sexually active
 - Being female
 - Good mental health
 - Better functional status

Sexual activity and satisfaction among very old adults. Results from a community-dwelling Medicare population survey. Matthias, R. E., Lubben, J. E., Atchison, K. A., & Schweitzer, S. O. (1997). *Gerontologist*, 37(1), 6-14.





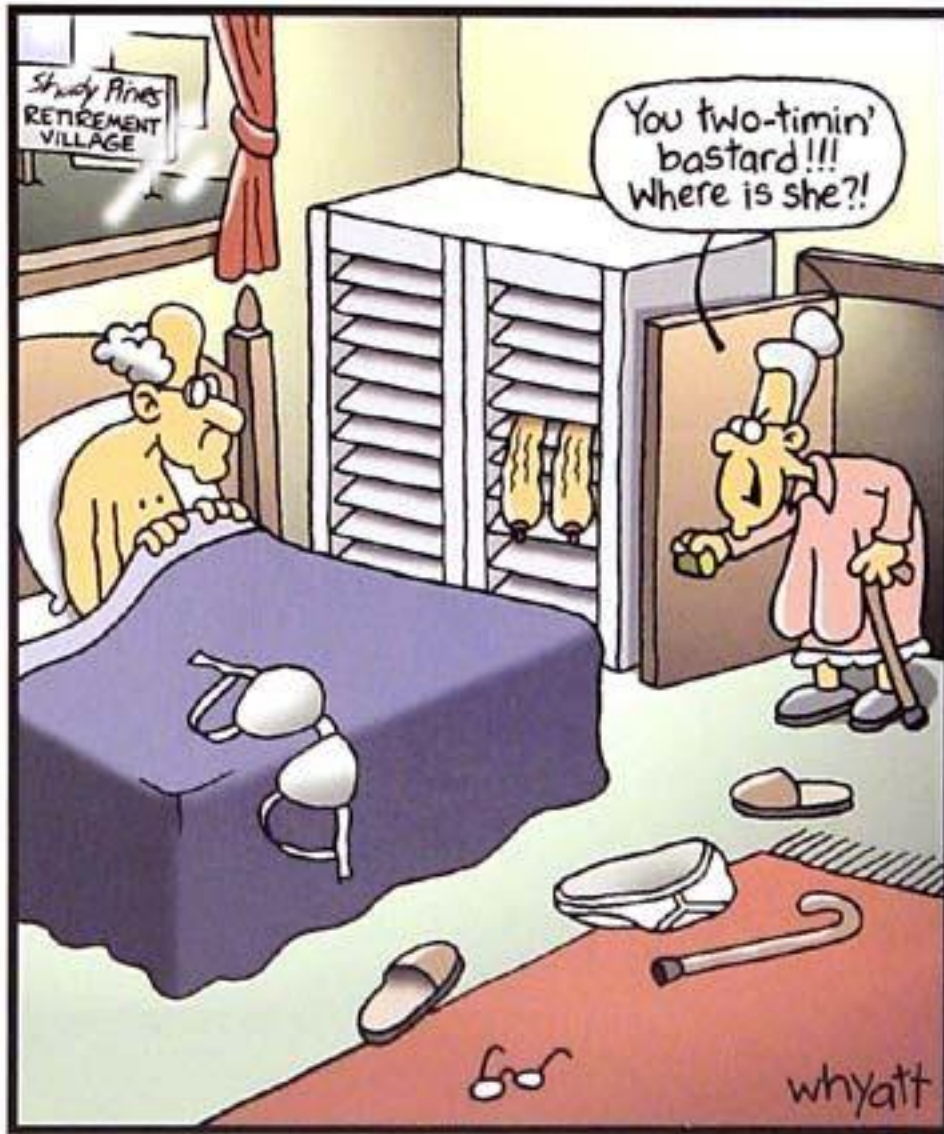
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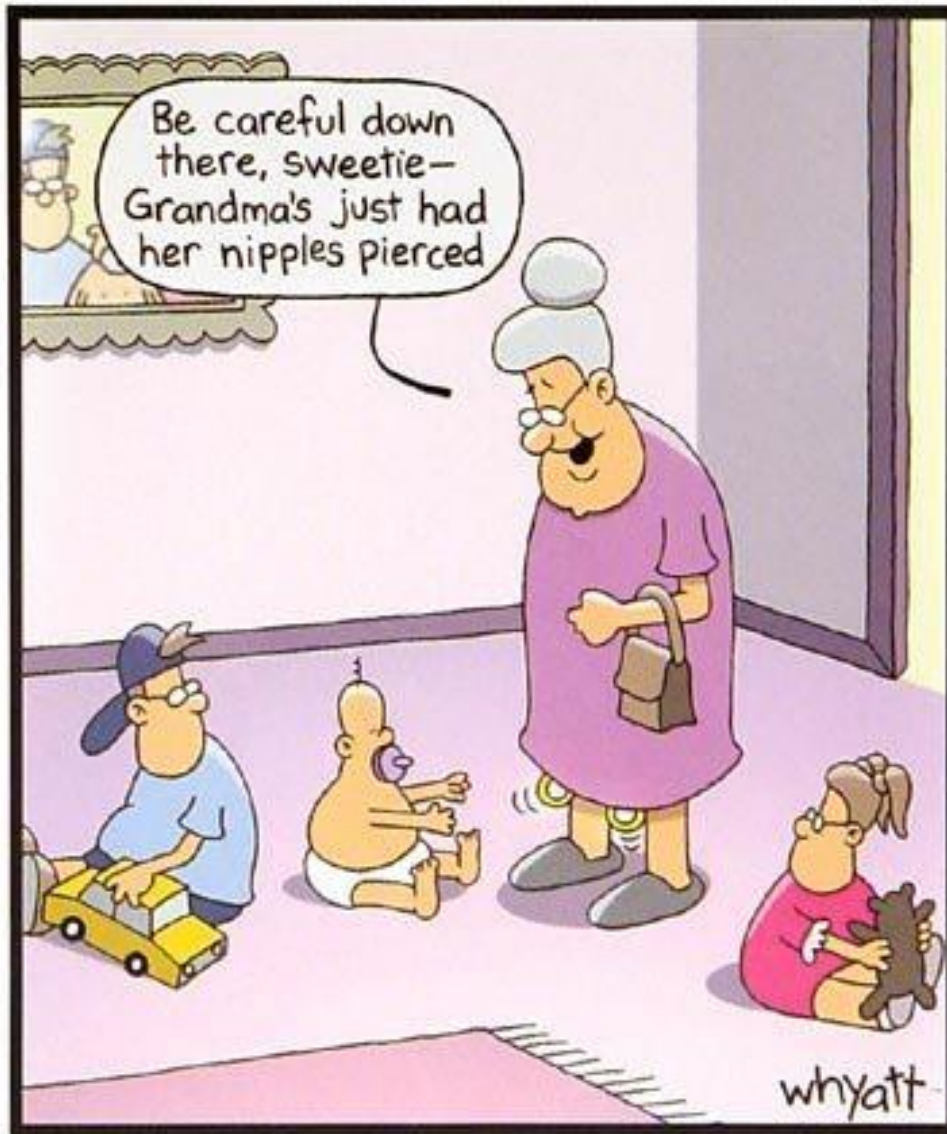
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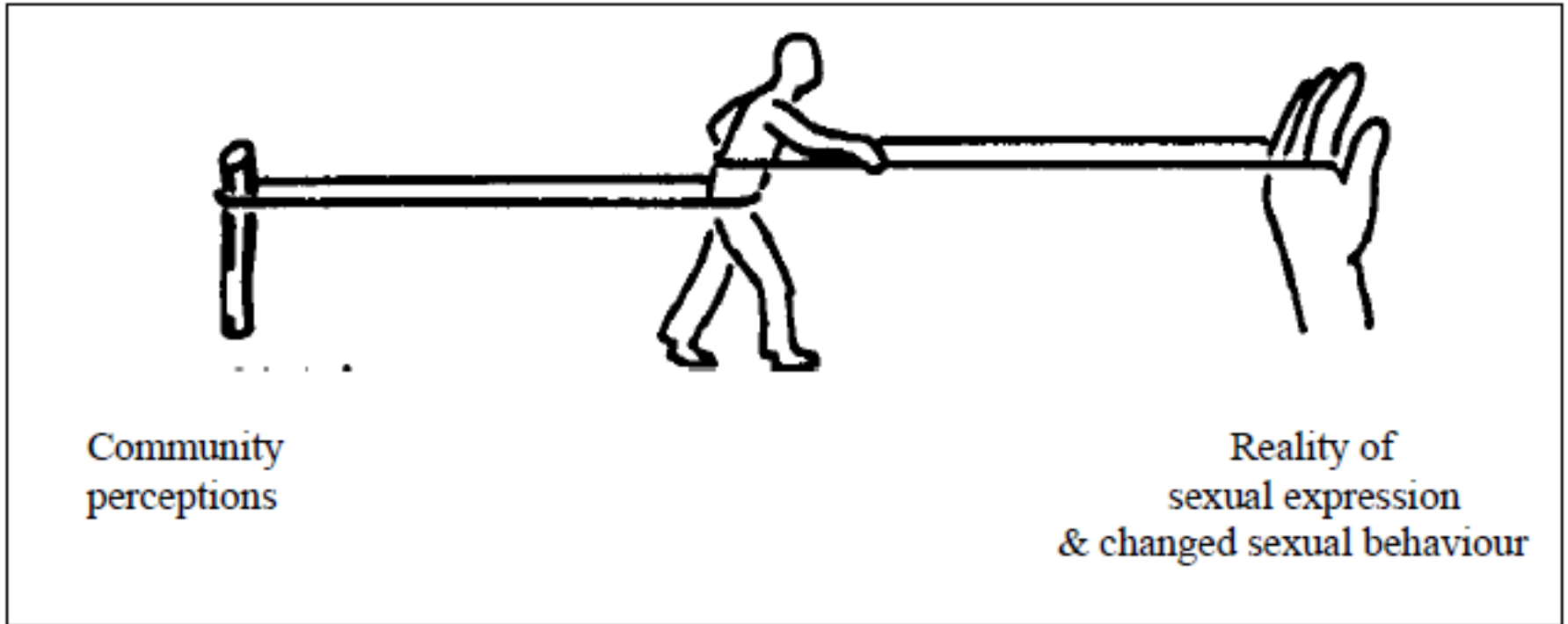


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Tension – person centredness



Changed sexual behaviour: an organisational response



- On site
- 4 workshops - 12 months
- Organisational response
- 'Problem' based learning
- Real challenges
- Real solutions

