IFA INTERNATIONAL FEDERATION ON AGEING Global Connections



## ADDRESSING BARRIERS TO ADULT VACCINATION



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# Addressing Barriers to Adult Vaccination: A Canadian Perspective

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### Necessary components Effective vaccination programs

- Evidence of (and belief in) burden of disease
- Evidence for (and belief in) effectiveness of vaccine
- Advocacy
  - Public health, healthcare providers, patients
- Effective delivery system
- Assessment of performance
- Accountability



### Burden of disease evidence

- Many adult vaccines prevent infections where etiology is difficult to diagnose
  - E.g. many microbes cause pneumonia
- Good evidence for burden





### Vaccine effectiveness Evidence

- Challenges with evidence
  - Prevention of non-specific versus specific outcomes
    - e.g. influenza versus influenza-like-illness; pneumococcal pneumonia versus all pneumonia
  - Variability year to year in influenza vaccine effectiveness
  - Uncertainties about duration of protection with new vaccines

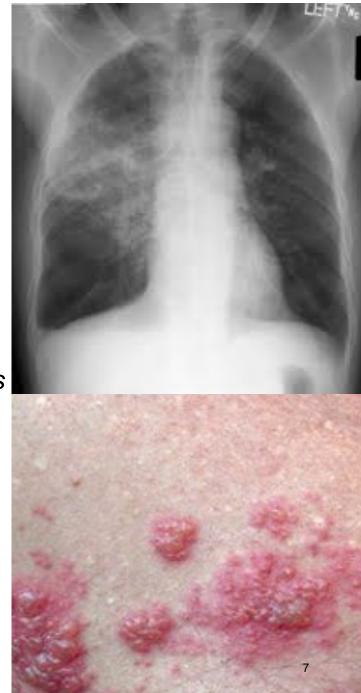
- Nonetheless
  - Good evidence that recommended vaccines are a benefit to adults



Vaccine/group	Percent vaccinated
Influenza vaccine, 65+	67%
Influenza vaccine, adult 18-64 years with chronic conditions	44%
Influenza vaccine, pregnant women	10%
Pneumonia vaccine, 65+	37%
Pneumonia vaccine, adults 18-64 years with chronic condition	17%
Hepatitis B vaccine, adults with liver or kidney disease	45%
HPV vaccine, women 16-24 years	45%
Pertussis vaccine, pregnant women	8%
Sinai Health System	

### Burden of disease Belief

- We are frightened by things that:
  - Are new, unusual or foreign
  - Have a high case fatality
    - Meningitis: 95 cases; 15 deaths (1 in 8 people die)
    - Influenza: 350,000 cases; 2500 deaths (1 in 7000 people die)
  - It is easier to believe in things we can identify





### Vaccine effectiveness Belief

- Challenge
  - Perception that vaccines need to be 100% (or nearly 100%) effective



### "\_\_\_\_\_doesn't work well enough to warrant me getting vaccinated/recommending vaccination to my patients"

- Statins reduce your risk of a heart attack, or of dying from coronary artery disease by 28%
- Lowering blood pressure reduces risk of MI by 20%-25%, and of stroke by 35%-40%
- Blood thinners for atrial fibrillation reduce the risk of stroke by 50-60%
- Bisphosphonates reduce the risk of osteoporotic hip fractures by 40-50%



### Vaccine effectiveness Belief

- Challenge
  - Perception that vaccines need to be 100% (or nearly 100%) effective
- Getting past the double standard
  - Re-framing in communication and education



### Advocacy

- Prevention is always a hard sell
  - Success is invisible, non-dramatic, not personal
  - Rewards are delayed
  - Benefits to not accrue to the payer
  - Healthcare providers prefer to make sins of omission rather than sins of commission
- Thus
- Strong, vocal, persistent advocates for prevention are always essential



## Effective delivery system

- Simple
- Clear
- Reliable
- Stable
- Well-known
- Minimal resources (time, money, though) required from all participants
  - Vaccine delivery staff
  - Health care providers
  - General population



### **Ontario pediatric immunization schedule**

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Age	Vaccines to be given	Route for Administration
2 months	DTaP-IPV-HIB (Pediacel)	IM – vastus lateralis (leg)
	Pneumococcal Conjugate 13 (Prevnar-13)	IM – vastus lateralis (leg)
	Rot-1 (Rotarix) OR Rot-5 (RotaTeq)*	Oral
4 months	DTaP-IPV-HIB (Pediacel)	IM – vastus lateralis (leg)
	Pneumococcal Conjugate 13 (Prevnar-13)	IM – vastus lateralis (leg)
	Rot-1 (Rotarix) OR Rot-5 (RotaTeq)*	Oral
6 months	DTaP-IPV-HIB (Pediacel)	IM – vastus lateralis (leg)
	Rot-5 (RotaTeq) only – Rotarix does not require a dose at this age*	Oral
12 months	MMR (MMRII, Priorix)**	SC – upper outer tricep area
	Meningococcal Conjugate C (Neis-Vac-C, Menjugate)***	IM – deltoid
	Pneumococcal Conjugate 13 (Prevnar-13)	IM - deltoid
15 months	Varicella (Varivax III, Varilrix)**	SC – upper outer tricep area
18 months	DTaP-IPV-HIB (Pediacel)	IM - deltoid
4-6 years	MMRV (Priorix-Tetra, ProQuad)**	SC – upper outer tricep area
	Tdap-IPV (Adacel-Polio, Boostrix-Polio)****	IM - deltoid
11-12 years	Hepatitis B (Engerix, Recombivax) (1.0 ml dose)	IM - deltoid (2 doses, 6 months apart)
(given in school in	HPV-9 (Gardasil 9)	IM - deltoid (2 doses, 6 months apart)
Grade 7)	Meningococcal Conjugate ACYW-135 (Menactra)	IM - deltoid
10 years after	Tdap (Adacel, Boostrix)	IM – deltoid
Tdap-IPV		



# Adult vaccination Zoster vaccine

- Canadian recommendation
  - RZV for adults 50 years of age and over
  - RZV may be considered for immunocompromised adults ≥50 years of age based on a case-by-case assessment of the benefits vs risks.
- Ontario
  - LZV recommended for adults over the age of 65 years
  - LZV provided free (supply in family physician office) for adults aged 65-70 years



### Adult vaccination Influenza vaccine, 2018/19

- Influenza vaccine supplied in family physician offices and by pharmacies
- High-dose influenza vaccine recommended for older adults
  - Pharmacies not permitted to administer high-dose vaccine



## **Creating an effective system**

- Paying for vaccines
  - Mitigating public health budget impact
  - Removing the double standard compared to drugs
  - Creating guidance for decision making
- System design requires:
  - A deliberate plan, assignment of resources, continuous assessment of progress and revision
  - Scoping for what changes are already happening
    - E.g. moving away from annual physical exams to periodic preventive health visits
  - Careful thought about the full range of possibilities



### Assessment of performance Accountability



# Percentage of Canadian adults up-to-date with vaccines, 2013-18

Vaccine/group	Percent vaccinated
Influenza vaccine, 65+	71%
Influenza vaccine, adult 18-64 years with chronic conditions	39%
Influenza vaccine, pregnant women	10%
Pneumonia vaccine, 65+	37%
Pneumonia vaccine, adults 18-64 years with chronic condition	17%
Hepatitis B vaccine, adults with liver or kidney disease	45%
HPV vaccine, women 16-24 years	45%
Pertussis vaccine, pregnant women	8%
Herpes zoster vaccine, 65+	??

### What about the short term?

- Individuals
  - Talk about vaccines; amplify public health messages
  - Remind your family, friends to get vaccinated



### Ottawa family health team Improving access to vaccines

- EMR searches for patients missing vaccination
  - Notification of patients by phone/email
  - Vaccination reminders present in charts
  - Vaccination reviewed at every patient visit
- Stocking of some vaccines for patient purchase
- Providing information and DIN numbers, so patients can find out if their insurance covers particular vaccines
- Promotion
  - posters and pamphlets in waiting room; information on website
  - social media posts
- Medical directive for patients with vaccine prescription
- Storage of second dose





## **Question and Answer Period**

Please use the Q&A feature at the bottom of your screen.

## ACCINES 4LIFE

#### INTERNATIONAL FEDERATION ON AGEING **15TH GLOBAL CONFERENCE** NIAGARA FALLS, CANADA I 1-3 NOVEMBER 2020

#### Pre-Conference Summit | 31 October 2020

Informing the global agenda for a life course approach to adult vaccination through a one-day Vaccines4Life Summit with a focus on:

- Understanding the public impact of vaccine preventable diseases
- Inspiring change through examples of good practice from around the world
- Galvanising action through targeted communication strategies