

Fundamental Assumptions for Future Planning

01 Future planning – not an emergency but a new and ongoing way of life

Requires planning and preparation for the coming 12-18 months

02 Changing paradigms of familiar life patterns

Life patterns – work, leisure, care, consumerism, learning, family, meaning of money

03 Develop fast and mutually evolving learning processes

Working in frequently changing and uncertain conditions

04 Many older adults are in full or partial isolation

Existing risk situations will be worsened, new risk situations will develop, emergence of new risk groups

05 Life within the home

Preparing for extended periods within the home and its consequences, including loneliness and lack of access to basic, daily needs



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- 06 Growing need for skills and capabilities to manage your life and that of your immediate family
- 07 **Technology will be crucial**
It cannot resolve everything; the challenge of connecting populations who are currently "technologically disconnected"
- 08 **Phenomena and consequences of ageism**
Likely to worsen and influence various spheres of life
- 09 **Between the short-term and the long-term**
Planning and action in the short term with a view to the long-term
- 10 **What good will we derive from this?**
Potential and opportunities for leveraging and developing an optimal new reality

